

Advantages

Reasonable Cost and Accessibility

CCAS fees are set on a sliding-scale basis and always have been among the lowest in the Kansas City area. Clients do not need to have health insurance and are welcome from throughout the metropolitan area.

Convenient Hours

Clinic hours fit most busy schedules:

2 - 9 p.m. Monday - Thursday

10 a.m. - 4 p.m. Friday

Call 816.235.2725 to schedule an appointment

Confidential

All counseling and assessment sessions are confidential.

Centrally Located

CCAS is located on the UMKC main campus, south of the Country Club Plaza in the UMKC School of Education. Handicapped-accessible, metered parking is available.

Community Counseling & Assessment Services

UMKC School of Education

615 E. 52nd St., Suite 212

Kansas City, MO 64110-2401

The UMKC School of Education... addressing challenges through the preparation of excellent teachers, administrators, and mental health professionals for today and tomorrow



School of Education

Community Counseling & Assessment Services

UMKC School of Education

212 Education Building

5100 Rockhill Rd.

Kansas City, MO 64110-2499

p) 816.235.2725 f) 816.235.5270

www.umkc.edu/ccas

UMKC is an equal opportunity/affirmative action institution
MO Relay: 1.800.735.2966 (TT) or 1.800.735.2466 (Voice)

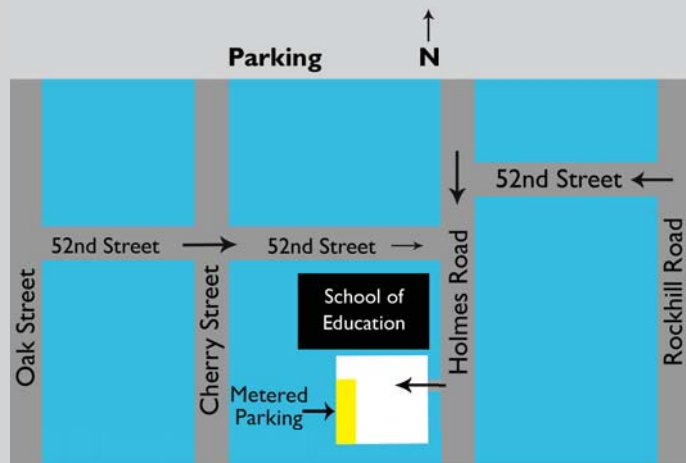
UMKC School of Education

CCAS

Community Counseling and Assessment Services
University of Missouri- Kansas City



Helping You Through
Life's Challenges



*Access metered parking via Holmes Road

CCAS Can Help

Counseling helps individuals, couples, and families to develop answers to problems, sort out feelings and determine new directions.

Community Counseling and Assessment

Services (CCAS) is a counselor and psychologist

training center for master's and doctoral-level students. Much like physicians in residency, UMKC's counselors and testing specialists are

completing their counseling and psychology training. Services include **state-**

of-the-art therapy and testing interventions

based on research, supervised by licensed psychologists.

Some people avoid counseling or a psychological evaluation because they fear it will not fit their budgets, the process might be awkward or embarrassing, or that it will not accommodate their schedules. For many, CCAS is the answer.



Counseling

Through counseling, CCAS strives to assist each client in an individual and personal way. By offering full-service counseling options, each unique challenge is met with care and consideration. Available counseling services include those for:

Individuals

Individual counseling can bring one closer to achieving his or her potential both personally and professionally, enabling them to lead a productive and satisfying life.

Couples

Counseling offers opportunities for people to better understand themselves and to grow in their ability to be more effective in relationships.

Families

Family counseling can improve communication among family members, help to blend step-families, improve methods of discipline and structure in the family, and address other parent concerns.

Assessment

CCAS also conducts psychological and educational evaluations to help schools and therapists deliver effective interventions for children and youth. Evaluations can help detect the presence or level of symptoms related to cognitive, learning, and/or mood difficulties. Because children do not tend to "grow out of" these difficulties, symptoms can increase if they are not identified and treated. Evaluation can help inform treatment needs.

Common areas assessed are:

- Learning disorders
- ADHD
- Mood, anger, or anxiety issues
- Neuropsychological testing for children, adolescents, and adults

Neuropsychological testing usually identifies problems in areas such as attention, language, decision-making and planning, memory, and spatial/motor coordination. These areas can affect learning, behavior, social skills, and other activities. Please see the CCAS website for detailed assessment information.

