

#7102 A

Experience Scuba Diving

Experience the thrill of scuba diving! This introductory course will take you underwater safely with certified and skilled scuba instructors and assistants in our own heated indoor pool. All you need to bring is a swim suit and a towel. All other equipment provided. Minimum age 10 years old. Please bring \$5 to class for air fills.

CONVENER: Michael Brock (913-647-1717)

E-mail: emailus@everestkc.net

CLASS FEE: \$9

Sec. A: 1 session; Saturday, November 14; 9:00 AM - 11:00 AM; The Dive Shop, 7300 Frontage Rd. Merriam, KS; LIMIT: 12

#7103 A

A Day at 80 Acres

Join the friends of 80 Acres for a day of hiking, picnicking, fishing and family fun. We will start the day with a weed walk by local herbalist, Kahla Wheeler. She will also give a tour of the property and share with you the current and future project plans. Bring your lunch and fishing gear for a full day of fun. 80 Acres is an educational retreat center in Leavenworth, KS.

CONVENER: Kahla Wheeler (913-682-1198)

E-mail: prairiewise@att.net; Web site: www.prairiewise.com

CLASS FEE: \$14

Sec. A: 1 session; Sunday, October 4; 10:00 AM - 4:00 PM; 80 Acres, 28013 167th St, Leavenworth, KS, 66048; LIMIT: 100

#7104 A

Basic Trap Shooting

Class will instruct students on safe firearm handling, proper stance and mounting of shotgun, different types of shotguns and ammunition. There will be live firing on the trap range to give you a chance to practice what you have learned in the classroom.

CONVENER: Steven Elliott (816-229-4448)

E-mail: Steven.Elliott@mdc.mo.gov

CLASS FEE: \$9

Sec. A: 1 session; Sunday, October 11; 9:00 AM - 11:00 AM; Lake City Shooting Range & Outdoor Education Center, 28900 Argo Rd., Grain Valley, MO; LIMIT: 15

Trips & Tours

#7201 A

Travel Like a Recessionista!

Want to learn how to travel for cheap? It can be done! Whether it's on the roadways of America or by plane to more exotic locales, Nicole will show you how to use the internet and the current economic climate to find the best prices for everything from hotel rooms in Vegas to flights to Europe... and beyond. Bring a notebook for handy tips and prepare to pack!

CONVENER: Nicole Hoffman E-mail: nicole5958@aol.com

CLASS FEE: \$9

Sec. A: 1 session; Wednesday, November 4; 6:00 PM - 8:00 PM; University Center, Alumni Rm., 50th & Rockhill Rd., UMKC Campus, KCMO; LIMIT: 28

#7202 A

Tour of Kansas City's Rich and Famous

We will see where famous Kansas Citians live or have lived. The tour will include a drive-by of the former homes of Mickey Rooney, Walt Disney, Rush Limbaugh, Amelia Earhart, Earnest Hemingway, Walter Cronkite, Casey Stengel, Satchel Paige, Jean Harlow, Marilyn Maye, "Beetle Bailey," J.C. Nichols, William Volker and Ginger Rogers: 100 homes total. Convener mixes humor with history. Bring your lunch money! No refunds later than two weeks before class. We board the bus at 8:45 AM and leave at 9:00 sharp, so don't be late!! Registration deadline is Oct. 15. Bring \$8.50 for a buffet lunch and a little bit of money for an afternoon break (at a McDonald's).

CONVENER: Don Davidson

CLASS FEE: \$14 + \$23 material fee = \$37

Sec. A: 1 session; Saturday, October 31; 8:45 AM - 4:00 PM; Administrative Center, Parking lot, UMKC Campus, 5122 Oak, KCMO; LIMIT: 42

social concerns

Social Issues

#8001 A

How to Make Microloans to the World's Poor

Imagine loaning money to a cacao farmer in Samoa so she can buy new tools. Or to a fish seller in Ghana so she can buy fish in bulk. Or to a shop owner in Peru so she can buy better merchandise. Access to credit allows these small business owners to empower themselves and improve their lives. Come learn the nuts and bolts of making microloans using Kiva.org, which enables everyday Americans to make small loans to poor people around the world. We will also discuss microfinance and how it can improve the lives of the world's poor.

CONVENER: Rob O'Blennis (913-498-8898)

E-mail: rob@planningretirements.com

Web site: www.planningretirements.com

CLASS FEE: \$9

Sec. A: 1 session; Tuesday, October 27; 7:00 PM - 8:45 PM; Central Library, Rm. 312; 14 W 10th St (corner of Baltimore and 10th), KCMO LIMIT: 20

#8002 A, B, C, or D

Vacations With A Purpose

Discover what vacationing with a purpose is all about. We'll discuss visiting a land different from your own, how to build relationships across cultural and language barriers, and offering service alongside those you meet. Explore several models, some local and others national and international. Find out what works for you and then make a plan to do it!

CONVENER: Sarah Cool & Candace Kaster (816-914-5096)

CLASS FEE: \$9

Sec. A: 1 session; Tuesday, September 22

Sec. B: 1 session; Wednesday, October 21

Sec. C: 1 session; Tuesday, November 17

Sec. D: 1 session; Wednesday, December 16

MEETS: 6:30 PM - 8:00 PM; Cafe Kiskeya, 3226 E 12th St., KCMO, 64127; LIMIT: 20

#8003 A

Green-Collar: History, Present, and Future

We will discuss issues and topics we're passionate about, stimulus packages and programs intended to preserve and create new jobs for our nation, specifically here in Kansas City. Convener and guest speakers will present and reflect on the history and evolution of "green-collar" jobs to present day, and lead lively discussion pertaining to the impact the green collar concept is having. Class will include an overview of the social-economic-environment and the Triple Bottom Line concept.

CONVENER: David Crawford (913-279-8395)

E-mail: dcraw4d@hotmail.com

CLASS FEE: \$15

Sec. A: 3 sessions; Tuesdays, beginning November 3; 7:00

PM - 8:30 PM; Haag Hall, Rm. 302, 52nd & Rockhill Rd., UMKC Campus, KCMO; LIMIT: 30



#8004 A

Continuing Changes in Iran

NEW

With thousands of Iranians continuing to protest long after their contested elections, just what do Americans know about them? Join Nancy Cramer as she discusses her trip there a year ago and what she has learned about the Iranians and their proud past. She gives information with her slide show about how their religion affects their daily lives, and the many conflicts and contradictions confronting Iranians today. Persia was the world's first empire, and its far reaching influence has been reflected in science, mathematics, poetry, art and architecture. Learn how the people meet today's demands. Question and answer period.

Sec. A: 1 session; Tuesday, November 10; 7:00 PM - 8:30 PM; Plaza Library, Large Room, 48th & Main, KCMO; LIMIT: 20

#8103 A

How To Start A Community Co-Operative Grocery: The Abundant Marketplace

NEW

Come manifest our vision for a community co-operative grocery providing an alternative source for whole foods at affordable prices. Link up as one entity the diverse groups who wish to bring this into being. Discover the next steps for immediate action. This class is of special interest to raw food devotees or to those wishing to build a sustainable community in Kansas City. Paul Goldman has been actively networking with people interested in manifesting this vision.

CONVENER: Paul Goldman (913-909-7645)
E-mail: theabundantmarketplace@stonespiritlodge.com
CLASS FEE: \$9

Sec. A: 1 session; Thursday, October 1; 7:00 PM - 9:00 PM; Unity Temple on the Plaza, Rm. D; 707 W. 47th St., KCMO; LIMIT: 40

#8203 A

Find Your True Potential—Become a Hospice Volunteer

Learn how to give to others by showing your true caring presence. We teach the use of aromatherapy, hand massage and comfort touch in a hospice setting. In this class you will also learn about the traditional use of hospice care through the history and philosophy of hospice, psycho/social support, etc. Minimum age of 14 years and no licensure required. Complimentary therapists such as massage, reiki, reflexology, music and pet therapy welcome to join our classes.

CONVENER: Deborah Barber (816-401-6652)
E-mail: deborah.barber@carealt.com; Web site: www.carealt.com
CLASS FEE: \$0

Sec. A: 2 sessions; Tuesdays, beginning October 13; 9:00 AM - 4:30 PM; 1420 NW Vivion Rd, Ste 105, Kansas City, MO 64118; LIMIT: 10

Going Green

#8101 A

Transition Kansas City

NEW

Transition combines permaculture plus an awareness that climate change and higher oil prices will force adjustments in the lifestyles of many. We will focus our discussions around the work that Rob Hopkins started along with others at the Schumacher College at Totnes, England. Come join us in learning about reskilling to prepare for a leaner future! You may choose to bring \$25 to class for a copy of the Transition handbook or you can get it on line at http://www.appropedia.org/The_Transition_Handbook free of charge.

CONVENER: Mike Hoey & Dave Lawrence
E-mail: Learn@TransitionKC.org; Web site: TransitionKC.org
CLASS FEE: \$16

Sec. A: 5 sessions; Meets every other Tuesday, beginning September 22; 7:00 PM - 8:30 PM; Central Library, Rm. 312, 14 W 10th St (corner of Baltimore and 10th), KCMO; LIMIT: 25

#8102 A

Five Green Things: Learn Ways to Practice Sustainability in Your Daily Life

NEW

The Earth has gone through many changes since the Industrial Revolution. We have destroyed many green spaces, polluted the air and sea and are choosing a way of life that the Earth can't sustain. We're feeling these effects and many are asking, "What can I do?" Five Green Things is here to answer that question and help people find simple yet effective ways to go green. Since 2008, Bridging The Gap, Inc. has helped over 1600 citizens make a pledge to take action and reduce carbon.

CONVENER: Arletha Bland-Manlove (816-561-1061 ext. 123 or 816-726-5048) E-mail: Arletha.Manlove@BridgingTheGap.org; Web site: www.FiveGreenThings.org
CLASS FEE: \$9

Sec. A: 1 session; Saturday, October 17; 11:00 AM - 12:00 PM; Bridging the Gap, 435 Westport Rd., Suite #23, Second Floor, KCMO, SE corner of Westport and Pennsylvania, take alley between 180 and Harpo's, BTG is at the end on the left; LIMIT: 30

Volunteer

#8201 A

Teach Someone to Read: Tutor Training Workshop

Tutor training workshops prepare volunteers to work one-on-one with functionally illiterate adults and teens. This class will provide you with the professional training, materials, and support that enable you to teach someone to read. Attendance is required for all three parts of the workshop. Literacy Kansas City asks for a minimum one year commitment to meet with a student once or twice a week for ninety minutes. Literacy Kansas City's mission is to advance literacy among Kansas City area adults and teens through direct services, advocacy, and collaboration.

CONVENER: Gaylon Umbarger (816-333-9332)
Web site: www.LiteracyKC.org
CLASS FEE: \$0

Sec. A: 3 sessions; Saturdays, beginning October 3; 9:00 AM - 3:00 PM; Literacy Kansas City, 211 W. Armour Blvd. on 3rd Floor Kansas City, MO 64111; LIMIT: 50

#8202 A

Five Green Things: Learn How to Teach Others Why and How to Live a More Sustainable Life

NEW

Are you green yet? Have you figured out how to live a more sustainable life and would like to share this valuable information with others? "Five Green Things" is an educational program that focuses on taking the confusion out of "going green." The information taught helps you teach anyone to learn how to take 5 simple actions and begin "going green" in their daily life.

CONVENER: Arletha Bland-Manlove (816-561-1061 ext. 123) or (816-726-5048) E-mail: Arletha.Manlove@BridgingTheGap.org
Web site: www.FiveGreenThings.org
CLASS FEE: \$0

Sec. A: 1 session; Thursday, September 24; 5:30 PM - 7:30 PM; Bridging the Gap, 435 Westport Rd., Suite #23, Second Floor, KCMO, SE corner of Westport and Pennsylvania, take alley between 180 and Harpo's, BTG is at the end on the left; LIMIT: 20

outside the box

#8005 A

I am somebody ... reality check.

We can give shoes but without the understanding of walking in someone else's steps our philanthropy can often be unusable or misunderstood. In this session you'll experience an innovative approach to navigating real-life individual scenarios through small group discussion and creative problem solving. If you want to help others this session will help you increase your sensitivity and knowledge about those who need help. Facilitated by representatives from the Kansas City urban community—an educator, an artist and an athlete.

Becky Gripp, facilitator

Drawing upon her personal and professional life experiences, she has developed interactive family financial workshops, workshops for women and teens. Each of her sessions incorporates cutting edge concepts related to behavioral finance and contains an actionable item for participants. Ms. Gripp is presently director of development at Kamen's Angels.

Patrick Alexander

Mr. Alexander is a multi-disciplinary artist that primarily works in the mediums of collage, sound, and installation. He consistently exhibits nationally and collaborates with artists locally on community projects. Mr. Alexander operated the Locus Solus Gallery in the late 90'. Currently, he is an art gallery director, a theater director and Arts and Events Coordinator for the YWCA of Greater Kansas City.

Christopher Harris

Chris Harris grew up in central Kansas City's Ivanhoe neighborhood in the 1970s. Mr. Harris attended Cardinal Stritch University in Milwaukee, WI. where he majored in sociology and played basketball. In 1998, he purchased an entire city block across from his childhood home, and has built a supervised park at 40th and Wayne. His complex is staffed by professionals who teach the basics of various sports, life skills training, and various educational classes.

CLASS FEE: \$5 for members of the community (includes free box lunch); Free to UMKC Students

Sec. A: 1 session; Friday, October 16; 11:45 AM - 1:00 PM; University Center, Alumni Rm. UMKC Campus, 5000 Rockhill Rd., KCMO; LIMIT: 20

Discounts do not apply

MORE GREEN CLASSES:

Secrets of No-Till Gardeners, Food Not Lawns, Green Living: Sustainable Home, Sustainable Health—See Page 18
Build A Rain Barrel, Guerilla Gardening—See Page 20