

inner paths

Spirituality

#6001 A

Wicca 101: The Basics

Modern Wicca, also called witchcraft, has its roots in the pre-Christian nature religions of Europe. This is a beginner's class starting off with what Wicca is, and moving on to history, the God and Goddess, holidays, magick, ritual, local resources and much more. The emphasis for the class is more on the practical knowledge needed to understand and then practice Wicca. Jeff has practiced Wicca as both a solitary practice and within a coven for the last ten years and currently leads the Elohim Lushede Coven. Please bring \$5 for handouts.

CONVENER: Jeff

E-mail: thorgo@thorgo.com; Web site: www.thorgo.com

CLASS FEE: \$18

Sec. A: 9 sessions; Tuesdays, beginning October 5; 7:00 PM - 9:00 PM; Flarshheim Hall, Rm. 262, 5110 Rockhill Rd., UMKC Campus, KCMO; LIMIT: 25

#6002 A

Basics of Buddhism

Have you always wanted to understand Buddhism? Buddhism is a 2,500-year-old tradition that teaches us how to end pain and suffering in ourselves and others. This 12 week course will cover all the basics including: meditation instruction, life of the Buddha, basic Buddhist teachings, three schools of Buddhism and much more. Each class will begin with an optional meditation from 7:00 - 7:30 PM. Please bring \$20 for workbook to first class. Lama Chuck is co-founder of the Rime Buddhist Center. He is an authentically ordained Lama in the Nyingma lineage of Tibetan Buddhism and writes a monthly column on Buddhism for the Kansas City Star.

CONVENER: Lama Chuck Stanford (816-471-7073)

E-mail: lama108@aol.com; Web site: www.rimecenter.org

CLASS FEE: \$18

Sec. A: 12 sessions; Wednesdays, beginning September 22; 7:45 AM - 9:00 PM; Rime Buddhist Center, 700 West Pennway, KCMO. (N. on I-35, exit on W. Pennway, take a left, RBC on right); LIMIT: 50

#6003 A

Understanding Our Archetypes—Revealing our Inner Story



We will look at the qualities of archetypes, or inner impressions that create suffering in one's life. Come to one or all the classes. Mudita Sabato has traveled through-out the U.S. working with clients and presenting "archetype translation seminars." She has translated over 6,000 individual archetypal/inner stories sessions. Please bring \$5 to each class for room rental.

CONVENER: Mudita Sabato; E-mail: muditasabato@gmail.com

Web site: www.muditasabato.org

CLASS FEE: \$14

Sec. A: 2 sessions; Thursdays, beginning September 23; 6:00 PM - 7:15 PM; Unity Temple on the Plaza, Heritage room, 707 W. 47th St. KCMO 64112; LIMIT: 20

#6004 A

Tibetan Buddhism—A Guide to the Bodhisattva Way of Life

We will look into the teachings of a famous Buddhist text written by Shantideva, an eighth century Indian Buddhist monk. The text has ten chapters on the development of bodhicitta (the mind of enlightenment). The first chapter describes the benefits of the wish to reach enlightenment. Group practices and meditations. All welcome. Mudita Sabato has received these teachings directly from HH Dalai Lama and has lived in northern India, in the Himalayan Mountains, where she studied Tibetan Buddhism. She is also an initiate and guide on the path of Sufism. Please bring \$5 to each class for room rental.

CONVENER: Mudita Sabato; E-mail: muditasabato@gmail.com

Web site: www.muditasabato.org

CLASS FEE: \$16

Sec. A: 3 sessions; Mondays, beginning September 20; 5:30 PM - 6:45 PM; 3733 Wyoming Apt. 1S, KCMO 64111; LIMIT: 20

#6005 A

Whirling as Meditation

Whirling is an active meditation practice of the Whirling Dervishes, which originated from the tradition of the mystic poet Rumi. You'll learn to whirl to beautiful poetry and meditational music as a form of spiritual meditational practice. As the universe turns, so does the dervish turn toward truth, awakening to the spiritual state of perfection. "Prayerful watchers" are welcome! Bring \$5 to each class for room rental. Rev. Mudita Sabato is a Sufi Guide. She studied Tibetan Buddhism with Lama Tenzin Choden while living in the Himalyan Mountains.

CONVENER: Mudita Sabato; E-mail: muditasabato@gmail.com

Web site: www.muditasabato.org

CLASS FEE: \$18

Sec. A: 4 sessions; Tuesdays, beginning September 21 (skip 10/5 & 10/26); 5:30 PM - 6:40 PM; Unity Temple on the Plaza Rm. C, 707 W. 47th St., KCMO; LIMIT: 50

#6006 A

Chakras, Auras, and Energy

This lecture will talk about the energy field surrounding the body and the many outside influences that can damage it. We will explore how to repair, reclaim and reboot this energy field. A healthy energy field brings balance to the physical body, manifests money and attracts love. Laualei is a gifted channel and has communicated with spirits and her angels since childhood. Please bring \$5 to class for materials.

CONVENER: Lauralei Bradley (816-931-0116)

E-mail: info@whitelightbookstore.com

Web site: www.whitelightbookstore.com

CLASS FEE: \$9

Sec. A: 1 session; Wednesday, October 6; 7:00 PM - 9:00 PM; White Light Books, 1607 West 39th St., Kansas City, MO 64111; LIMIT: 10

#6007 A

How to Work With Your Angels

You will learn how to incorporate angelic guidance and miracles into your everyday life. From opening a jar of mayonnaise to healing the most challenging relationships, the angels are loving extensions of divine spirit and are here to do anything and everything to assist you on your path. Come ready to take notes and share experiences! Jules is an expert tarot/oracle reader, mentor and Usui/Karuna reiki master teacher.

CONVENER: Jules Bowen (816-550-4290)

E-mail: jewels920@hotmail.com

CLASS FEE: \$9

Sec. A: 1 session; Saturday, December 11; 4:00 PM - 6:00 PM; University Center, Rm. 146, 50th & Rockhill Rd., UMKC Campus, KCMO; LIMIT: 13

#6008 A

Introduction to the Mystery School of Ancient Egypt

Come and learn what the ancient Egyptians thought about magic and why they didn't need to hide their mysteries. This class will include the first mystery lesson exactly as it was taught in the Egypt of the Pharaohs (except in English). We strongly encourage you to come prepared to participate as well as observe. Please bring \$2 for materials to class. Tape recorders are welcome. Please call or e-mail convener for directions.

CONVENER: Jerry and Michael White (816-331-4715)

E-mail: danceoflife@kc.rr.com

CLASS FEE: \$9

Sec. A: 1 session; Sunday, October 24; 2:00 PM - 4:00 PM; 701 Pawnee Ln., Belton, MO, 30 minutes from midtown KC or Overland Park: 71 hwy, exit at 163 (Y hwy), right through the traffic light. Go to the 4-way stop at Cambridge (Heartland Baptist Church on the right) Turn right on Cambridge to 3rd street on right, Pawnee.; LIMIT: 10

We were happy to be in on the founding of Communiversity. It was, and is, a great contribution of the University, to diversity of opinion and human interests, and values in the wider community.

~Father Michael Gillgannon

#6009 A

Medicine Wheel Ceremony

Created by Cherokee medicine man, War Eagle, at the time of the harmonic convergence, at a place where a rainbow ended seventeen years earlier, this medicine wheel is dedicated to the healing of Earth and all on it. Come add your stone, your prayers and your energy to 600+ stones from all over the world — from Machu-Picchu to the palace of the Dali Lama. Bring your favorite food to share after the ceremony. Please call or e-mail conveners for directions.

CONVENER: Jerry and Michael White (816-331-4715)

E-mail: danceoflife@kc.rr.com

CLASS FEE: \$9

Sec. A: 1 session; Sunday, October 10; 1:00 PM - 3:00 PM; 701 Pawnee Ln., Belton, MO, 30 minutes from midtown KC or Overland Park: 71 hwy, exit at 163 (Y hwy), right through the traffic light. Go to the 4-way stop at Cambridge (Heartland Baptist Church on the right) Turn right on Cambridge to 3rd street on right, Pawnee.; LIMIT: 10

I was an instructor 32 years ago and still maintain friendships with the students I taught at that time.

~Dr. Charles Wheeler
former Kansas City Mayor

Editors Note: Dr. Wheeler taught "How to Be a Mayor."

#6010 A

Magickal Writing Intensive



Learn magickal writing from five Pagan leaders in the Kansas City magickal community. Write rituals, chants, spells, devotionals, journaling and much more! Steps and styles in composing from the beginning of the creative process to publishing your work! Class meets two consecutive evenings -same location and times. Please bring \$5 to class for handouts.

CONVENER: Mike Nichols (913-707-1198), Selene Rati, Rose Reaves, Aislinn Firehawk & Sam Shryock
E-mail: MikeNichols@sprintmail.com
CLASS FEE: \$14

Sec. A: 2 sessions; Wednesday & Thursday, November 10 & 11; 7:00 PM - 9:30 PM; Amethyst Dreams, 412 East 18th Street, KCMO 64155; LIMIT: 30

#6011 A

Why There is No Hell



The idea of a hell of unending fire has been around a long time, but has it served us well? Can it possibly be true? If the idea of hell has disturbed, dismayed or frightened you, this is a chance to view the afterlife and God in a new, more freeing way. Come explore why much of the popular theology of hell is appalling, ineffective and insulting to the Creator. Open discussion encouraged, even if you disagree. Carol, a Christian, has an MA in Theology from St. John's University, Collegeville, MN, and is a writer, teacher and spiritual director.

CONVENER: Carol Meyer (913-677-8672)
E-mail: wisdomways@planetkc.com
Web site: www.wisdom-ways.org
CLASS FEE: \$9

Sec. A: 1 session; Wednesday, November 10; 7:00 PM - 8:15 PM; 5019 W. 56th St., Roeland Park, KS, 3 blocks west of Roe; LIMIT: 15

#6012 A

Forgiveness



Have you been struggling with wanting to forgive someone but have had a hard time? This is a class for those who wish to increase their spiritual practice by including forgiveness. Craig will discuss the meanings of forgiveness and how it is for your benefit. He will also lead a short meditation that is respectful to all faiths. Craig McAndrew is the author of "Forgiving Judas—A Man's Journey to Forgive His Brother." It is a work of fiction but based on true events. Craig is also a counselor in the Kansas City area.

CONVENER: Craig McAndrew (913-206-5317)
CLASS FEE: \$9
Sec. A: 1 session; Saturday, October 16; 1:00 PM - 3:00 PM; Royall Hall, Rm. 202, 52nd St. Between Rockhill and Holmes, UMKC Campus, KCMO; LIMIT: 20

Meditation

#6202 A

Meditation Workshop

Meditation has been proven to lower blood pressure, relieve stress and help you cope with anxiety. It has also been shown to be very effective with chronic pain, insomnia and panic disorder. In one class you will learn this simple technique that can change your life. This class is based upon the work of Jon Kabat-Zinn of the Stress Reduction Clinic at the University of Massachusetts Medical Center. We'll begin with an optional meditation from 7:00-7:30 PM. Lama Chuck, co-founder of the Rime Buddhist Center, is an authentically ordained Lama in the Nyingma lineage of Tibetan Buddhism and writes a monthly column on Buddhism for the K.C. Star.

CONVENER: Lama Chuck Stanford (816-471-7073)
E-mail: lama108@aol.com; Web site: www.rimecenter.org
CLASS FEE: \$9

Sec. A: 1 session; Wednesday, September 22; 7:45 PM - 9:00 PM; Rime Buddhist Center, 700 West Pennway, KCMO, (N. on I-35, exit on W. Pennway, take a left, RBC on right); LIMIT: 40

#6203 A

Krishnamurti: The Best Class You Will Ever Take on Meditation

Topics include Meditation: How it works, and why common methods of meditation should never be practiced. 1) 24-hour-a-day meditation that does not interfere with other activity. No breath focusing. No mantra. No visualization. No subconscious influence. Straight talk and no bull. We will make sense where others don't and will show you meditation that will put Buddhism in the dust. 2) Stop conflict and confusion in the mind any time, any where, without effort or idea. 3) The stopping of any habit without effort or escape. 4) The transformation of the mind. 5) The transformation of pain. 6) The clearing of perception. This time it's the real thing. We will not waste your time. We will do meditation in class. Later, we will watch a film about Krishnamurti—the 60-year career of the most unique and powerful religious teacher in the world. Too strong for television. The serious truth seeker should never miss it. Free reading material included.

CONVENER: Marcus Williamson (816-531-6155)
CLASS FEE: \$9

Sec. A: 1 session; Friday, October 22; 7:00 PM - 10:00 PM; Royall Hall, Rm. 402, 52nd St. Between Rockhill and Holmes, UMKC Campus, KCMO; LIMIT: 40

#6204 A

Peace Within: Learning to Meditate

Don't be put off by thinking that meditation is not for you because you can't still your mind. It's easy, enjoyable and produces many benefits such as: less stress, better health, more wisdom, guidance, feelings of joy, connection, inner strength and more. Carol will teach you all you need to know to do it successfully, whether for spiritual purposes or simply for relaxation. Carol Meyer, M.A., is a spiritual teacher and counselor with a passion for meditation and sharing this gift with all. Please bring \$3 to class for materials.

CONVENER: Carol Meyer (913-677-8672)
E-mail: wisdomways@planetkc.com
Web site: www.wisdom-ways.org
CLASS FEE: \$9

Sec. A: 1 session; Thursday, October 14; 7:00 PM - 9:00 PM; 5019 W. 56th St., Roeland Park, KS, 3 blocks west of Roe; LIMIT: 15

Psychic

#6301 A

Intuitive Tarot Reading

Learn the basics of intuitive tarot card layout and interpretation. (Intermediate tarot readers can benefit from this class, too.) Students should purchase a tarot deck to bring to class. Jules will bring extra decks in case someone forgets. Be ready to take notes. Some suggested beginning decks: Rider/Waite, Hanson-Roberts, Hudes Tarot, Radiant Rider/Waite, Universal Rider/Waite. Be ready to laugh and have fun!

CONVENER: Jules Bowen (816-550-4290)
E-mail: jewels920@hotmail.com
CLASS FEE: \$9

Sec. A: 1 session; Saturday, October 16; 4:00 PM - 6:00 PM; University Center, Rm. 147, 50th & Rockhill Rd., UMKC Campus, KCMO; LIMIT: 12

#6302 A

The Inner Space Connection

Learn what being psychic is and how to bring it out. You will be reading tarot, doing psychometry, using numerology and more. Each week we will cover different aspects of ESP. Come join us in a joyous trip of self-discovery. Tape recorders are welcome. Bring \$25 material fee to first class. This comprehensive class includes all sections of course #6303 — #6313.

CONVENER: Jerry and Michael White (816-331-4715) and Linda Wilkes
E-mail: danceoflife@kc.rr.com
CLASS FEE: \$18

Sec. A: 13 sessions; Saturdays, beginning September 25; 2:00 PM - 4:00 PM; 701 Pawnee Ln., Belton, MO, 30 minutes from midtown KC or Overland Park; 71 hwy, exit at 163 (Y hwy), right through the traffic light. Go to the 4-way stop at Cambridge (Heartland Baptist Church on the right) Turn right on Cambridge to 3rd street on right, Pawnee.; LIMIT: 10

#6303 A—#6313 A

The Inner Space Connection: Psychic Bites

Learn what being psychic is and how to bring it out. You will be reading tarot, doing psychometry, using numerology and more. Each week we will cover different aspects of ESP. Call or e-mail convener for directions. Classes meet from 2-4 PM.

CONVENER: Jerry & Michael White & Linda Wilkes (816-331-4715)
E-mail: danceoflife@kc.rr.com
CLASS FEE: \$9

#6303 A: Our Psychic Brain; 1 session; Saturday, September 25; Mat fee \$2

#6304 A: Tarot; 1 session; Saturday, October 2; Mat fee \$4

#6305 A: Using Energy: Magic and Healing; 2 sessions; Saturday, October 9; Mat fee \$5

#6306 A: Stones and Other Oracles; 1 session; Saturday, October 23; Mat fee \$3

#6307 A: Psychometry; 1 session; Saturday October 30;

#6308 A: Basic Handwriting Analysis; 1 session; Saturday, November 6; Mat fee \$5

#6309 A: Numerology; 1 session; Saturday, November 13; Mat fee \$5

#6310 A: Reincarnation Karma & The Purpose of Life; Additional conveners: Selene Rati, Rose Reaves, Aislinn Firehawk & Sam Shryock; 4 sessions; Saturday, November 20; Mat fee \$10

#6311 A: Dowsing; 1 session; Saturday, November 27; Mat fee \$5

#6312 A: Soul Ages w/ Michael Charts; 1 session; Saturday December 4th; Mat fee \$10

#6313 A: Basic Astrology 1 session; December 11

MEETS: 701 Pawnee Lane, Belton, MO 64012; 30 minutes from Midtown KC or Overland Park, call Convener for directions; LIMIT: 12

#6314 A, B, C or D
Psychic Fun Shop



Bring more abundance to your life and find more ways to be happier. Be happier and more abundance comes into your life. Voila! Become more psychic. We will play and learn in a small group with the intention to start with finding our link and our care for one another. Learn with true support under our wings. Then, the abundance will start flowing and you will psychically open up. Janet has been a professional psychic for over 20 years in KC, Janet offers private sessions on the Plaza or you can sample her readings by donation at Aquarius, in Westport, on Wednesdays. Sections A and B are beginning level while C and D are advanced level.

CONVENER: Janet McLaren
CLASS FEE: \$9

Sec. A: 1 session; Monday, October 11; ;

Sec. B: 1 session; Sunday, October 31;

Sec. C: 1 session; Tuesday, October 12;

Sec. D: 1 session; Sunday, October 17;

MEETS: 2:00 PM - 3:00 PM; Vanity Fair Apartments, 700 W. 48th St. #204 Kansas City, MO 64112, Enter on Jefferson. You must call Janet at 816-254-2151 to get in.; LIMIT: 6



#6315 A
Entering the Mystic Realm

These classes will introduce you to the mystic realms. The idea is simply to inform and allows you to briefly explore these alternative disciplines. Weekly topics include: Your Psychic Sense; Divination; Animal Medicine Guides; Reincarnation/ Past-Lives; Angels and Guides; Intentionally Creating Your Life.

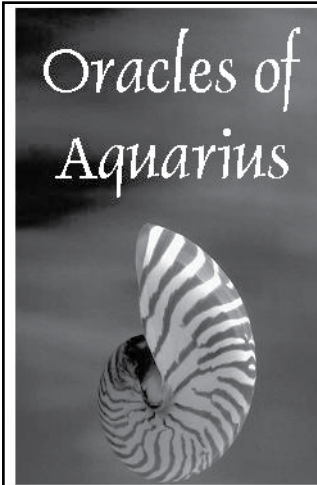
CONVENER: Billie Humphrey (816-429-5930) and Cliff Humphrey

E-mail: billieink@yahoo.com

CLASS FEE: \$18

Sec. A: 6 sessions; Tuesdays, beginning October 5; 6:30 PM - 8:00 PM; A Garden of Art, 7711 N Oak Trfwy Suite E, Gladstone, MO; LIMIT: 12

Register & Pay Online—www.umkc.edu/commu



Psychic Fair

We can help with your problems: relationship, jobs, health, spiritual growth

Friday, November 12, 2010 5 pm—9pm

Saturday, November 13, 2010 10 am—7 pm

Sunday, November 14, 2010 11 am—6 pm

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Tarot, Intuitive Readers, Palmistry, Akashic Records, Healers, Aura Photographs, Massage Therapists, Astrology, Soul Music, Angel Drawings, Contact with Deceased



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