

Misc. Inner Paths

#6401 A or B

The Visioning Process



Visioning is a process by which we train ourselves to go deeply within; and by listening we catch Spirit's highest vision or idea for an individual project or organizational plan. With Visioning we use our heart, soul, and mind to train ourselves to hear, feel, and see a plan for our lives or any particular project we are working on.

CONVENER: Rev. Susan Peterson (913-526-1183)

Web site: www.celebratelifecenter.org

CLASS FEE: \$9

Sec. A: 1 session; Wednesday, June 13;

Sec. B: 1 session; Wednesday, August 22;

MEETS: 7:00 PM - 9:00 PM; 11879 W. 112th St., Suite 100, Overland Park, KS, See website or call convener for directions; LIMIT: 20

Teach

a Communiiversity Class

Share What You Know With Others

Call 816-235-1448 for information

www.umkc.edu/commu

#6402 A

UFO's: What They Are & What They Aren't



Dispel the misinformation. Learn what's really going on. See why many scientists, pilots, former military officers, and others have testified to the reality of UFO encounters and why this represents a real hope for the Earth and Mankind's future.

CONVENER: Jerry White (816-331-4715)

E-mail: danceoflife@kc.rr.com

CLASS FEE: \$9

Sec. A: 1 session; Tuesday, June 12; 6:30 PM - 9:00 PM; Royall Hall, Rm. 311, 52nd St. Between Rockhill and Holmes, UMKC Campus, KCMO; LIMIT: 15

I know other
astronauts share my
feelings.... We know
the government
is sitting on hard
evidence of UFOs.-
Col. Gordon Cooper,
January 14, 1997

outer paths

Martial Arts

#7001 A

Jujitsu

Learn how to defend yourself using jujitsu techniques. No physical force is needed to apply techniques.

CONVENER: Charles Greathouse (816-969-9353)

CLASS FEE: \$14

Sec. A: 2 sessions; Saturdays, beginning June 9; 2:00 PM - 4:30 PM; Midland Ki Society, 9303 Johnson Dr. Shawnee, KS; LIMIT: 15

#7002 A

Traditional Shaolin Kung Fu

Learn self defense based on the original eight animals of Kung Fu: leopard, crane, dragon, tiger, snake, praying mantis, monkey and eagle. Join us for a great aerobic workout!

CONVENER: Chun Man Sit E-mail: cmsit@everestkc.net

CLASS FEE: \$9

Sec. A: 1 session; Saturday, June 30; 9:00 AM - 10:30 AM; Westport Presbyterian Church, 201 Westport Rd., KCMO (enter in rear); LIMIT: 10

Recreation

#7101 A

Texas Holdem for Beginners

Learn the basics of Texas Holdem. We'll cover the rules of play, poker etiquette and strategy. Stay for the free hold-em tournament after class.

CONVENER: Anne Calvert Bettis (816-822-9079)

E-mail: anne@claranen.com

CLASS FEE: \$9

Sec. A: 1 session; Monday, June 11; 6:00 PM - 7:30 PM; Lew's Bar and Grill, 7539 Wornall Rd., KCMO; LIMIT: 8

#7102 A

Beginner/Intermediate Hula Hooping

No Experience required. Each class member will learn how to build and decorate hi/her own hoop during our first meeting. After that, focuses include: how to hoop, hooping on the torso and arms, legs and floorwork, and off body moves, jumps, spins and rolls. We learn how to navigate using feeling instead of sight or thought, becoming responsive, breathing deeply and creating fluid transitions. Each evening will have a jam circle to close. A variety of music will provide a rich tapestry of sound for your dance. I began hula hooping in late May 2006 and find it to be a great way to exercise and develop creativity. Material fee includes materials to build and decorate your own hula hoop.

CONVENER: Amy Ameis (816-531-2210)

E-mail: ala4y4@umkc.edu

CLASS FEE: \$16 + \$10 material fee = \$26

Sec. A: 4 sessions; Sundays, beginning June 3; 4:00 PM - 6:00 PM; Flarsheim Hall, Rm. 260, 5110 Rockhill Rd., UMKC Campus, KCMO, Rockhill Rd. south of 51st.; LIMIT: 15

#7103 A

Basic Trap Shooting

Class will instruct students on safe firearm handling, proper stance and mounting of shotgun, different types of shotguns and ammunition. There will be live firing on the trap range to give you a chance to practice what you have learned in the classroom.

CONVENER: Steven Elliott (816-229-4448)

E-mail: Steven.Elliott@mdc.mo.gov

CLASS FEE: \$9

Sec. A: 1 session; Saturday, July 14; 9:00 AM - 11:00 AM; Lake City Shooting Range & Outdoor Education Center, 28900 Argo Rd., Grain Valley, MO; LIMIT: 15

#7104 A, B, C or D

Introduction to Horsemanship

Always wanted to learn to ride? Learn about the safe handling of the horse covering grooming, saddling, history and behavior. This is not a trail ride! You will actually learn something about horses in this fun-filled class, located on 300 acres north of the river. Ages 5 years and up, welcome. Participants will be eligible to sign up for additional riding lessons, separate from Communiiversity. Call Communiiversity for a map to the farm. Please bring carrots for the horses and \$15 to class for horse and equipment rental and refreshments. Jeri has an Animal Science and Veterinary Industry degree and has taught horsemanship for over 20 years.

CONVENER: Jeri Lee Yagello (1-877-468-5858)

CLASS FEE: \$9

Sec. A: 1 session; Saturday, June 2;

Sec. B: 1 session; Saturday, July 7;

Sec. C: 1 session; Saturday, August 4;

Sec. D: 1 session; Saturday, September 1;

MEETS: 1:00 PM - 3:00 PM; Wind in the Willows Farm, near KCI Airport (contact Communiiversity for map), KCMO; LIMIT: 15

Trips & Tours

#7201 A or B

Explore the Core! Discover Kansas City by Bus

Explore the urban core of Kansas City by bus. Ride the new Metro Area Express (MAX) bus from the Country Club Plaza to the new Kansas City Public Library downtown. Learn interesting facts on how using public transportation protects the environment, promotes a healthy lifestyle and enhances the urban core of Kansas City. Please bring a couple of bucks for bus fare and lunch money. David is a member of the Kansas City Transportation Action Team which is a citizens advocacy group that promotes the use of public transportation in the Kansas City metropolitan area.

CONVENER: David Doyle

E-mail: dtdoyle269@aol.com

CLASS FEE: \$9

Sec. A: 1 session; Saturday, June 23;

Sec. B: 1 session; Saturday, August 4;

MEETS: 10:20 AM - 12:00 PM; Plaza Library, Large Room, 48th & Main, KCMO; LIMIT: 10