

Volunteers

#8101 A

Teach Someone to Read: Volunteer Tutor Orientation

Approximately 225,000 adults in the Kansas City area can't read well enough to perform the simple tasks that most of us take for granted. Literacy Kansas City prepares volunteers to work one-on-one with people who have poor literacy skills. Prior teaching experience is not required. This orientation will show you how to become involved!

CONVENER: Angela Schreffler

CLASS FEE: \$0

Sec. A: 1 session; Saturday, February 3; 9:30 AM - 11:30 AM;

Sec. B: 1 session; Tuesday, March 6; 6:00 PM - 8:00 PM;

MEETS: Literacy Kansas City, 211 W. Armour Blvd. on 3rd Floor Kansas City, MO; LIMIT: 50

#8102 A

Protect the Environment: Volunteer Orientation

Do you dream of an environmentally sustainable future? Come help create it! Since 1991, Bridging The Gap has provided hands-on opportunities for environmental action and education in our community. Recycling, litter prevention, educational outreach and ecological restoration are just a few of the projects in which you can get involved. Come learn how you can make a difference.

CONVENER: Bridging the Gap

E-mail: volunteer@bridgingthegap.org

Web site: www.bridgingthegap.org

CLASS FEE: \$0

Sec. A: 1 session; Wednesday, February 7; 6:00 PM - 8:30 PM;

Bridging the Gap, 435 Westport Rd., KCMO, SE corner of Westport and Pennsylvania, take alley between 180 and Harpo's, BTG is at the end on the left.; LIMIT: 15

Communiversity For Kids

Besides offering this new section, most of our classes are open to kids. Here are some links a few other kid friendly classes:

- Fossils for Everyone (2603A)
- Kung Fu (7002 A, B, C, or D)
- Science: How it Works (2601A)
- Washington How it Works (2703A)
- Horsemanship (7103 A or B)

Extreme Ages

NEW

Kids

#9001 A

Natural Candle Making for Kids

Learn to make your own candles! Use safe materials to make fun smelling and naturally tinted candles. Each student will make two candles. Kids 6 and up. Please bring \$20 to class for materials.

CONVENER: Kimsé Fard (913-281-3848)

E-mail: kimse@livingrightinc.org

CLASS FEE: \$9

Sec. A: 1 session; Saturday, February 17; 10:00 AM - 12:00 PM;

The Natural Path, 641 Freeman Court, KCK, I-70 to 7th St. Trfy North 7th St. Trfy North to Freeman Ct. Turn Right onto Freeman Ct. (this is 4 blocks past Washington St.) We are at 641 Freeman Ct. (the 2nd Townhome on the right side with the trees and plants); LIMIT: 15

#9002 A

Herbal Soap Making for Kids

Have fun learning to make soaps from natural materials. Make custom herbal soaps (both bars and liquid) for gifts and for your own personal needs. Students will make and sample more than three of their own herbal soap blends each. This is a hands on class! Bring \$15 for soap making supplies and refreshments.

CONVENER: Kimsé Fard (913-281-3848)

E-mail: kimse@livingrightinc.org

CLASS FEE: \$9

Sec. A: 1 session; Saturday, March 3; 10:00 AM - 12:00 PM;

The Natural Path, 641 Freeman Court, KCK, I-70 to 7th St. Trfy North 7th St. Trfy North to Freeman Ct. Turn Right onto Freeman Ct. (this is 4 blocks past Washington St.) We are at 641 Freeman Ct. (the 2nd Townhome on the right side with the trees and plants); LIMIT: 15

#9003 A

Kids Glass Fusing

Children will create and design their own glass night light or sun catcher! Assistance and instruction will be provided so the children learn to score glass. All tools necessary to create and design are available to use, free of charge. Design ideas and samples will be available for inspiration! All Fired Up will kiln fire the projects. Please bring \$15 to class for materials and firing fees. Projects will be ready for pick up one week after the class.

CONVENER: Martie Buchanan (913-385-5456)

E-mail: martie@justglazeit.com

CLASS FEE: \$9

Sec. A: 1 session; Saturday, February 10; 10:00 AM - 11:30 AM;

All Fired Up, 7915 Santa Fe Dr., OPKS; LIMIT: 10

#9004 A

Edible Treats (Be My Valentine)

This course is designed for children ages 5-12 and will cover decorating Valentine's Day Treats to give to friends, family, and teachers. You will be able to take home the treats you decorate and package.

CONVENER: Traci Williams (816-305-8840)

E-mail: skipthedeveloper@msn.com

CLASS FEE: \$9 + \$15 material fee = \$24

Sec. A: 1 session; Saturday, February 10; 4:00 PM - 5:00 PM;

Westport Roanoke Community Center, 3601 Roanoke, KCMO, West on 39th Street, Roanoke is 1 light past SW Trafficway, take a right on Roanoke, go 3 blocks, after 2 blocks road turns to brick, Community Center is on the right; LIMIT: 10

#9005 A

Edible Treats (Hop, Hop, Hop Along)

This course is designed for children 5 to 12 and will cover decorating Easter Treats to give to family, friends, and teachers. You will be able to take home the treats you decorate and package.

CONVENER: Traci Williams (816-305-8840)

E-mail: skipthedeveloper@msn.com

CLASS FEE: \$9 + \$15 material fee = \$24

Sec. A: 1 session; Saturday, March 31; 4:00 PM - 5:00 PM;

Westport Roanoke Community Center, 3601 Roanoke, KCMO, West on 39th Street, Roanoke is 1 light past SW Trafficway, take a right on Roanoke, go 3 blocks, after 2 blocks road turns to brick, Community Center is on the right; LIMIT: 10

#9007 A

Dance Sampler

It's so hard to choose, so how about sample! This class is for kids who want to dance but aren't sure where they want to start. First try a little Modern, then dance a little jazz, and for desert some super ballet. Classes will be taught by professional dancers including: Andrea Skowronek, Ann Shaughnessy Gordon, and Tuesday Faust. For kids 6-12.

CONVENER: Tuesday Faust, Andrea Skowronek & Ann Shaughnessy Gordon

CLASS FEE: \$15

Sec. A: 3 sessions; Tuesdays January 23 and Thursday January 25; 5:00 PM - 6:00 PM and Saturday January 27 10:00AM-

11:00AM; City in Motion School of Dance, 3925 Main (across

Main St. from CVS Pharmacy), KCMO; LIMIT: 15

#9009 A

Lady Tenderheart's School of Magic for Little Witches: Fairy Magic

Fairies delight and entice us with their mysterious ways and magical play. We will dress like the fairies with wings, glitter, and pretty things, learn a little about the World of Fairy, and create an altar for the fairies to invite them in to our homes. This class is for children ages 3 to 10 years.

CONVENER: Kim Oursler (913-663-2951)

E-mail: KimOursler@aol.com

CLASS FEE: \$9 + \$5 material fee = \$14

Sec. A: 1 session; Sunday, April 15; 4:00 PM - 6:00 PM;

Aquarius, 3936 Broadway, KCMO (Enter from 3937 Washington, back door of Aquarius); LIMIT: 16

Young People

#9101 A

Vegan Cookie Making for Young People

For young people 10-14. Come for a great time making and eating cookies. Not just any cookies, VEGAN cookies. Thirteen year old, Dianna Fard will share her talents with children and adults alike. In this class you will make three types of cookies, Fructose Cookies, Turbinado Cookies, and Living Lemon Cookies, that you will decorate, eat and take home (at least one dozen per child). All children must be accompanied by an adult, and children must dress for the occasion. Material Fee \$20. Please bring the material fee to class.

CONVENER: Kimsé Fard (913-281-3848)

E-mail: kimse@livingrightinc.org

CLASS FEE: \$9

Sec. A: 1 session; Saturday, March 31; 11:00 AM - 1:30 PM; The Natural Path, 641 Freeman Court, KCK, I-70 to 7th St. Trfy North 7th St. Trfy North to Freeman Ct. Turn Right onto Freeman Ct. (this is 4 blocks past Washington St.) We are at 641 Freeman Ct. (the 2nd Townhome on the right side with the trees and plants); LIMIT: 15

#9102 A

Kids & Paintings—Looking Good!

This class is geared to young people in their middle school years (11-14). Color, composition, and storytelling will involve these young future creative geniuses in expressing themselves through painting, sculpture, and/or other mediums. Fun and group participation will be the idea for this class. Parents please attend with your young person.

CONVENER: Avritt Lemon-Brown (816-517-1361)

E-mail: hridzm@yahoo.com

CLASS FEE: \$9

Sec. A: 1 session; Saturday, February 24; 12:00 PM - 2:00 PM; Nelson Art Gallery, Roselle Court, 4525 Oak, KCMO; LIMIT: 10

#9103 A

Females: Finding our Future

This course offering is designed for young women (13-20) and provides a variety of learning opportunities for women as they become independent in life. Sign up for this class and take all 8 of the courses associated for 1 course fee.

CONVENER: Cynthia Taylor

CLASS FEE: \$16

Sec. A: 8 sessions; every other Sunday and Thursday, beginning January 28; 2:00 PM - 4:00 PM; University Center, Rm. 147, 50th & Rockhill Rd., UMKC Campus, KCMO; LIMIT: 10

Women need real moments of solitude and self-reflection to balance out how much of ourselves we give away
~Barbara De Angelis

#9104 A

Females: FOOD

This class will focus on the role of diet in a woman's life. Topics to be discussed are nutrition, body image, and eating disorders.

CONVENER: Cathy Mates, Julie Williams & Whitney Wright
Research Medical Eating Disorders Unit

CLASS FEE: \$9

Sec. A: 1 session; Sunday, January 28; 2:00 PM - 4:00 PM;

University Center, Rm. 147, 50th & Rockhill Rd., UMKC Campus, KCMO; LIMIT: 10

#9105 A

Females: FITNESS

This class will discuss healthy, stress reducing exercise routines as well as health concerns and the feminine life cycle.

CONVENER: Susan Kurtenbach

CLASS FEE: \$9

Sec. A: 1 session; Thursday, February 8; 6:00 PM - 8:00 PM;

University Center, Rm. 147, 50th & Rockhill Rd., UMKC Campus, KCMO; LIMIT: 10

#9106 A

Female: FEMINISM (That "F" word)

This class will discuss feminism in today's world as well as unequal/equal opportunities, understanding societal standards, and consciousness raising.

CONVENER: Mary Mosley

CLASS FEE: \$9

Sec. A: 1 session; Sunday, February 18; 2:00 PM - 4:00 PM;

University Center, Rm. 147, 50th & Rockhill Rd., UMKC Campus, KCMO; LIMIT: 10

#9107 A

Female: Get a Firm Financial Footing

This class will be discussing how young women can start planning for their financial futures now and if necessary how to change course when they have lost their way.

CONVENER: Sharon Lockhart CFP™ CDFA

CLASS FEE: \$9

Sec. A: 1 session; Thursday, March 1; 6:00 PM - 8:00 PM; Uni-

versity Center, Rm. 147, 50th & Rockhill Rd., UMKC Campus, KCMO; LIMIT: 10

#9108 A

Females: Future Focus

This class will incorporate a panel discussion including women from a variety of professions such as: Medicine, Law, Business, Education, and Parenting.

CONVENER: Cynthia Taylor

CLASS FEE: \$9

Sec. A: 1 session; Sunday, March 11; 6:00 PM - 8:00 PM; Uni-

versity Center, Rm. 147, 50th & Rockhill Rd., UMKC Campus, KCMO; LIMIT: 10

#9109 A

Females: Fix-it Yourself

Why wait for the landlord when you can do it yourself? This class will cover changing/installing a bolt lock, patching a hole in dry wall, and knowing how to shut valves in order to prevent excessive damage and possible injury.

CONVENER: Dawn Colbert

CLASS FEE: \$9

Sec. A: 1 session; Thursday, March 22; 6:00 PM - 8:00 PM;

University Center, Rm. 147, 50th & Rockhill Rd., UMKC Campus, KCMO; LIMIT: 10

#9110 A

Female: Fun, Folly, and Finesse—Frank-Lee Speaking

This course will explore sex, relationships, and the choices we make as woman that lead to fun, folly, and, we hope to finesse, in these areas.

CONVENER: Linda Joselyn Bishop

Web site: www.personalandfamily.com

CLASS FEE: \$9

Sec. A: 1 session; Sunday, April 1; 2:00 PM - 4:00 PM; Location to be announced; LIMIT: 10

#9111 A

Female: FREEDOM—What holds YOU down?

This class will be in an open group discussion format covering topics such as how you learn to love and understand yourself, what the challenges that might keep you from attaining your goals are, and how we can empower ourselves and others to overcome challenges? Discussion may also cover how our feelings and our fights restrict our ability to be internally and externally FREE.

CONVENER: Cynthia Taylor

CLASS FEE: \$9

Sec. A: 1 session; Thursday, April 12; 6:00 PM - 8:00 PM; Uni-

versity Center, Rm. 147, 50th & Rockhill Rd., UMKC Campus, KCMO; LIMIT: 10

Seniors

#9201 A

"The Settlement Years," A Program for Seniors

You've made your way through life successfully and now there is a need to draw your assets and liabilities together to make the right choices on how to end the process—also successfully. Yes, you might need a little help. Join us for this very serious conference. Bring \$1 for handouts.

CONVENER: Juanita Collins (816-471-6896)

CLASS FEE: \$9

Sec. A: 1 session; Wednesday, March 14; 10:00 AM - 12:00 PM;

Northeast Library, Rm A, 6000 Wilson Rd., KCMO, Independence Ave. East, several blocks past Van Brunt but before railroad underpass, Take left on Wilson - go past Price Chopper and strip mall, Library on left.; LIMIT: 10