

me & you

Singles

#5001 A

What's Happening in Greater K.C. for Singles?

This class is for singles who want to know about singles groups, events and activities taking place in Kansas City. The facilitator will discuss various social and special interest singles groups with an emphasis on groups sponsored by faith communities. Convener is publisher of "Guide to Singles Groups in Kansas City," a directory of local singles groups. Material fee includes cost of the directory and other materials.

CONVENER: Don Davidson

CLASS FEE: \$9 + \$6 material fee = \$15

Sec. A: 1 session; Monday, March 23; 7:00 PM - 9:00 PM; Plaza Library, Large Room, 48th & Main, KCMO; LIMIT: 25

#5002 A

101 Fun & Clever Ways to Get Noticed By the Opposite Sex

The first step in starting a relationship is getting noticed. This workshop will discuss fun and clever ways to get the attention of those you wish to meet. The material is presented by Don Davidson, singles leader and publisher of "Guide to Singles Groups in Kansas City." Come and have fun meeting others and contributing your own clever ways of getting noticed.

CONVENER: Don Davidson

CLASS FEE: \$9 + \$4 material fee = \$13

Sec. A: 1 session; Monday, April 20; 7:00 PM - 9:00 PM; Plaza Library, Large Room, 48th & Main, KCMO; LIMIT: 25

Relationships

#5101 A

Single with Integrity

This session will cover having authentic relationships with God, ourselves, and others. We will focus on building meaningful relationships (including male/female) while maintaining our Christian values. Cynthia is a coach, author, inspirational speaker, business consultant and motivator. Please bring \$12 to class for workbook with personal assessment, activities and journal exercises.

CONVENER: Cynthia Saddler (816-405-6691)

E-mail: csaddler@dfeministries.com

Web site: www.dfeministries.com

CLASS FEE: \$9

Sec. A: 1 session; Monday, March 9; 6:00 PM - 8:00 PM; University Center, Rm. 147, 50th & Rockhill Rd., UMKC Campus, KCMO; LIMIT: 20

#5102 A

Communication & Relationships Between the Sexes

Men and women have brains that have been programmed to operate differently. Learn to understand these differences and improve your relationships, from the bedroom to the office. Learn how to interrupt, how not to, and why! Learn to celebrate our differences and enjoy the uniqueness of each other. Tape recorders are welcome. Please bring \$5 for materials to class. Additional books available for purchase.

CONVENER: Jerry White (816-331-4715)

E-mail: danceofflife@kc.rr.com

CLASS FEE: \$9

Sec. A: 1 session; Tuesday, March 3; 7:00 PM - 9:00 PM; UMKC School of Medicine, Theatre B, first floor, 24th & Charlotte, KCMO (bring a picture ID); LIMIT: 25

#5103 A

What Makes the Best Relationships Work?

After studying long term marriages Mark has found those elements which always seem to be functioning in the happy ones. We will look at the seven areas which make or break relationships and why so many couples don't practice the very skills which will result in better relationships. This will be an interactive study with questions and dialogue. A study booklet will be available for \$5 but is not necessary.

CONVENER: Mark Bayer D.Ed. E-mail: majb56@yahoo.com

CLASS FEE: \$9

Sec. A: 1 session; Thursday, February 5; 7:00 PM - 9:00 PM; Royall Hall, Rm. 202, 52nd St. Between Rockhill and Holmes, UMKC Campus, KCMO; LIMIT: 15

#5104 A

Divorced: Now What?

This course is designed to provide objective external input for men and women struggling to identify themselves when they are facing or have gone through divorce. This course will give insights, options and even some ideas on entering the dating scene in the 21st century. Those individuals with children are encouraged to attend. Please bring \$15 cash for optional presentation and book. Kelly is a veteran of divorce following 14 years struggling to avoid it but survived to learn how to be successful in a second marriage with three children ranging in age from 8-22. She has over 21 years experience in training, public speaking, HR and employee relations. Also a writer having just completed a second novel currently in final editing for publishing in early 2009.

CONVENER: Kelly Johnson (816-210-9675)

E-mail: kellyj62@hotmail.com

CLASS FEE: \$15

Sec. A: 3 sessions; Tuesdays, beginning March 10; 7:00 PM - 9:00 PM; Central Library, Rm. 310, 14 W. 10th St, KCMO, NE corner of Baltimore & 10th; LIMIT: 20

#5105 A

Appreciative Loving

Chuck will discuss the theory of Appreciative Inquiry that helps people focus on the good in others. This class is an exploration about focusing on what is truly working in relationships. You have the power to teach others how you want to be treated, and to create loving relationships. Come learn how to harness that power. Chuck has a Masters in Counseling Psychology from UMKC and is also a Certified Professional Coach.

CONVENER: Chuck Franks (816-885-2526)

E-mail: chuck@innerstrengthquest.com

Web site: www.innerstrengthquest.com

CLASS FEE: \$9

Sec. A: 1 session; Saturday, March 28; 10:00 AM - 12:00 PM; University Center, Rm. 147, 50th & Rockhill Rd., UMKC Campus, KCMO; LIMIT: 20

Teach

a Community Class

Share What You Know

816-235-1448 www.umkc.edu/commu

#5106 A

Relationship Communication

Relationships getting you down? Come learn effective communication tips applicable to personal and professional settings. This is a terrific Valentine's Day gift to yourself...bring a friend. Learn common communication errors, how to fight fair and get what you need while increasing your self esteem. Great material applicable to personal and professional interactions. Krista has been practicing since 1993, and has been in business since 1996. Her practice is centered around natural health and wellness from within. Please bring \$3 for handouts.

CONVENER: Krista Eilers LMSW (913-262-1205)

E-mail: keilers99@hotmail.com

CLASS FEE: \$9

Sec. A: 1 session; Tuesday, February 10; 6:30 PM - 8:30 PM; Central Library, Rm. 312, 14 West 10th Street (corner of Baltimore and 10th), KCMO; LIMIT: 15

Parenting

#5201 A

Children and Parents Adjusting to Adoption

This class will describe briefly what factors impact the developing brain and cause some of the maladjusted behaviors we see in newly adopted children. It will also offer some examples of how best to connect with these children which will help them develop trust and security. Pam will have copies of resources that will help parents in their continued effort to connect and form a trusting relationship with these children. Please bring \$2 to class for materials. Pam is a therapist with over twenty years of experience working with adults and children with trauma issues. Pam graduated from the University of Kansas with a Masters in Clinical Social Work.

CONVENER: Pam Thorp (816-210-7991)

E-mail: pam@pamthorplcsw.com

CLASS FEE: \$9

Sec. A: 1 session; Saturday, February 21; 1:00 PM - 2:00 PM; Southeast Branch Library, Rm B, 6242 Swope Pkwy., KCMO; LIMIT: 20

**#5202 A
Are We There Yet?**

In the car or in the air, traveling with kids really can be easy. Brenda will share simple ideas on how to make traveling with kids enjoyable and educational. We will discuss air and car travel as well as accommodations that work for families. Participants will make and assemble materials that can be used for traveling with children. Please bring \$5 to class for handouts and materials. Brenda is a working mother of three who went from trying to be super mom to realizing that she can do it all, just not all at the same time and only with a supportive network. Brenda has had diverse experiences in the education, corporate, and non-profit arenas and most importantly as a mother.

CONVENER: Brenda Mott (913-638-5508)
E-mail: brenda@mott.net Website: www.mymomssupport.com
CLASS FEE: \$15

Sec. A: 3 sessions; Thursdays, beginning February 12; 10:00 AM - 11:30 AM; Central Library, Rm. 312, 14 West 10th Street (corner of Baltimore and 10th), KCMO; LIMIT: 20

**#5203 A
If I Only Knew Then What I Know Now**

This interactive class will assist moms in learning how to network, mentor/find a mentor, and identify your talents that help create a balanced life while raising children. We will discuss how to create a baby-sitting and cooking network, what you can learn from others, the talents you have and how you can share them with others and in turn create benefits for yourself. Most importantly, we will learn how to surround yourself with a supportive network of people who can make mothering easier. Please bring \$3 to class for workbook. Brenda is a working mother of three, she has had diverse experiences in the education, corporate, and non-profit arenas and most importantly as a mother.

CONVENER: Brenda Mott (913-638-5508)
E-mail: brenda@mott.net Website: www.mymomssupport.com
CLASS FEE: \$9

Sec. A: 1 session; Tuesday, January 27; 10:00 AM - 11:30 AM; University Center, Rm. 147, 50th & Rockhill Rd., UMKC Campus, KCMO; LIMIT: 20

**#5204 A
Summer Survival Guide**

Are you starting to break out in a sweat because summer is just around the corner and you will have your children home for two months? This class is designed just for you. Brenda will teach you her tried and true methods to keeping your children occupied with field trips, homemade games, camps, educational activities and even daily quiet time. You will walk away with great ideas and materials to create a fun summer for everyone. Please bring \$3 to class for materials. Brenda is a working mother of three. She has had diverse experiences in the education, corporate, and non-profit arenas and most importantly as a mother.

CONVENER: Brenda Mott (913-638-5508)
E-mail: brenda@mott.net Website: www.mymomssupport.com
CLASS FEE: \$14

Sec. A: 2 sessions; Thursdays, beginning April 23; 10:00 AM - 11:30 AM; Southeast Branch Library, Rm B, 6242 Swope Pkwy., KCMO; LIMIT: 20

**#5205 A
Safe Dating for Your Teens**

Have you ever wondered, "How do I talk to my teenager about dating and relationships?" Teen dating can be a source of intense positive emotions, support, and a way to explore one's identity. Nonetheless, there are some risks that accompany those experiences, and as parents, you need to be there to guide your teen toward a path of safe dating. Join this workshop to arm yourself with tips, red flags, and warning signs of dating violence. Bridgette Mavec, LCSW, has worked in the field of social work for 19 years and has worked with Newhouse Battered Women's Shelter as the clinical director for 12 years.

CONVENER: Bridgette Mavec (816-474-6446 x229)
E-mail: vpclinicalsvs@newhouseshelter.org
CLASS FEE: \$15

Sec. A: 1 session; Monday, March 2; 7:00 PM - 9:00 PM; Cockefair, Rm. 2 D, 5121 Rockhill Rd., UMKC Campus, KCMO; LIMIT: 20

Self-Development**#5301 A
Understanding and Preparing a Durable Power of Attorney for Health**

Join this honest, open and frank discussion group regarding end-of-life options. We will discuss legal and practical aspects for raising our consciousness and developing opinions for our own end-of-life decisions. Our discussion will culminate with the availability of a Durable Power of Attorney for Health Care if a participant desires to complete this invaluable tool. For ourselves, our families and our loved ones, it is time to get the facts straight. Liz Van Note is an Estate Planning Attorney in Kansas City licensed in both Missouri and Kansas. She is an alumni of Avila University and UMKC Law with a background in tax planning and grief counseling.

CONVENER: Liz Van Note (816-916-9545)
E-mail: lizvannote@aol.com; Web site: www.vannotelaw.com
CLASS FEE: \$9

Sec. A: 1 session; Wednesday, April 22; 6:00 PM - 8:00 PM; University Center, Rm. 146, 50th & Rockhill Rd., UMKC Campus, KCMO; LIMIT: 20

**#5302 A
Life Strategies**

This class helps you get unstuck. We utilize STEPPS (Simple Tasks Elevating Personal and Professional Success) A process to help you achieve your personal and professional goals. We help you navigate the course of your life around roadblocks and any other obstacles, to reach your desired destination! Please bring \$12 to class for workbook with personal assessment, activities and journal exercises. Cynthia is a coach, author, inspirational speaker, business consultant and motivator. She serves as President/CEO of Designed for Excellence Ministries (DFE). Cynthia is determined to take you to the next level and beyond!

CONVENER: Cynthia Saddler (816-405-6691)
E-mail: csaddler@dfeministries.com
Web site: www.dfeministries.com
CLASS FEE: \$9

Sec. A: 1 session; Monday, February 9; 6:00 PM - 8:00 PM; University Center, Rm. 146, 50th & Rockhill Rd., UMKC Campus, KCMO; LIMIT: 20

**#5303 A
Surviving and Thriving with Chronic Fatigue**

Q: Why are there no support groups for chronic fatigue sufferers? A: Because they're all too tired to attend. It's not a joke, it's a sad reality in too many lives, sapped by fatigue and lack of vitality. Whatever the cause of your version of CFS, you will find help and support in this one-time session in which we will explore ways to get you through each day, maybe even learn to thrive. Convener is a 35-year survivor of dual-cause CFS, and will share strategies and resources to help you find a better way. We can not yet cure, but we can endure!

CONVENER: Joyce Peters
CLASS FEE: \$9

Sec. A: 1 session; Tuesday, March 24; 7:00 PM - 9:00 PM; Haag Hall, Rm. 309, 52nd & Rockhill Road, UMKC Campus, KCMO; LIMIT: 12

**#5304 A
Values Based Counseling: A Method for Personal Fulfillment**

Values Based Counseling is a process by which you pursue your inner calling for solving problems, designing and achieving personal changes, and for choosing and achieving important goals. Your values define your problems and goals. Kelly Patrick Gerling, Ph.D. has been a counselor for three decades in the Kansas City Area. His areas of knowledge and experience include depth psychology, NLP, conflict resolution, conceptual blending theory, spirituality, hypnotherapy and healing.

CONVENER: Kelly Gerling (913-724-2400)
E-mail: kelgerling@aol.com
Web site: www.valuesbasedcounseling.com
CLASS FEE: \$9

Sec. A: 1 session; Monday, February 2; 6:00 PM - 8:30 PM; University Center, Rm. 146, 50th & Rockhill Rd., UMKC Campus, KCMO; LIMIT: 12

**#5305 A
Learn Easier/Remember Longer**

By understanding how the brain stores information, you can take better notes from books or lectures and retain what you learn. Jerry will introduce you to the technique and provide a manual to help you develop it. Tape recorders are welcome. Bring \$17 for book and material fee to class.

CONVENER: Jerry White (816-331-4715)
E-mail: danceofflife@kc.rr.com
CLASS FEE: \$9

Sec. A: 1 session; Tuesday, January 27; 7:00 PM - 9:00 PM; Haag Hall, Rm. 310, 52nd & Rockhill Rd., UMKC Campus, KCMO; LIMIT: 10

**#5306 A
Purpose and Meaning in Life**

This course combines the classes "Make Your Emotions Work For You Instead of Against You" and "Communication & Relationships Between the Sexes" into a comprehensive five week course to help you find purpose and meaning in life. Please bring \$20 to the first class for materials.

CONVENER: Jerry White (816-331-4715)
E-mail: danceofflife@kc.rr.com
CLASS FEE: \$16

Sec. A: 5 sessions; Tuesdays, beginning February 10; 7:00 PM - 9:00 PM; UMKC School of Medicine, Theatre B, first floor, 24th & Charlotte, KCMO (bring a picture ID); LIMIT: 15

#5307 A

Make Your Emotions Work for You Instead of Against You

Learn to take control of your emotions, using them as teachers and guides. They don't need to run you; you can run them. Tape recorders are welcome. Please bring \$2 material fee to class.

CONVENER: Jerry White (816-331-4715)

E-mail: danceoflife@kc.rr.com

CLASS FEE: \$9

Sec. A: 1 session; Tuesday, February 24; 7:00 PM - 9:00 PM; UMKC School of Medicine, Theatre B, first floor, 24th & Charlotte, KCMO (bring a picture ID); LIMIT: 25

#5308 A

Change Your Life By Learning to Reprogram Your Brain

Your brain is a biological computer, and you can only get out of it the programs that have been put in, mostly by others. Take over and start putting in programs that will help you achieve what you want from life. This is hands-on NLP. Tape recorders are encouraged. Bring \$25 fee for book and materials.

CONVENER: Jerry White (816-331-4715)

E-mail: danceoflife@kc.rr.com

CLASS FEE: \$16

Sec. A: 5 sessions; Tuesdays, beginning March 10 (skip March 17 & April 7); 7:00 PM - 9:00 PM; UMKC School of Medicine, Theatre B, first floor, 24th & Charlotte, KCMO (bring a picture ID); LIMIT: 25

Register & Pay
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www.umkc.edu/commu

#5309 A

Advanced Happiness (NLP)

Would you like to live in a permanent state of worth, inner peace, joy? At work? In your personal life? Come to this class and walk out living in one or more of your core states. Tape recorders welcome. \$25 material fee includes book.

CONVENER: Jerry White (816-331-4715)

E-mail: danceoflife@kc.rr.com

CLASS FEE: \$14

Sec. A: 2 sessions; Tuesdays, beginning April 28; 7:00 PM - 9:00 PM; UMKC School of Medicine, Theatre C, first floor, 24th & Charlotte, KCMO (bring a picture ID); LIMIT: 25

#5310 A or B

Body Wisdom for Women

This workshop is designed to help you tune in to your own wisdom, the wisdom in every cell of your body! Expanded intuition, positive self image, more than enough energy, ideal weight and peace of mind can be yours!! Diana Kennedy is an inspirational speaker, a massage therapist and mind, body, spirit practitioner. Join this class and let Diana support you with your deepest intentions for your body and your life!

CONVENER: Diana Kennedy (816-457-2431)

E-mail: dianackennedy@yahoo.com

Web site: www.dianakennedy.com

CLASS FEE: \$9

Sec. A: 1 session; Monday, March 2; 7:00 PM - 8:30 PM;

Sec. B: 1 session; Monday, April 6; 7:00 PM - 8:30 PM;

MEETS: University Center, Rm. 147, 50th & Rockhill Rd., UMKC Campus, KCMO; LIMIT: 20

#5311 A

Awakening 101

Something is shifting and we all feel the changes happening in our personal lives as we witness the changes happening within our country and the collapse of the various systems. What is collapsing in your life? What is up for review for you? What change is your soul crying out to experience? This class will honor what you have all been feeling without being able to name it. It will give you the space to explore what may be stirring within and provide you with practical tools and spiritual guidance to navigate these uncharted waters.

CONVENER: Kim Oursler (816-510-4391)

E-mail: priestesskim@yahoo.com

Web site: www.goddess.meetup.com/287

CLASS FEE: \$9

Sec. A: 1 session; Monday, April 20; 7:00 PM - 8:00 PM; Phoenix Herb Company, 4305 Main Street KCMO; LIMIT:

#5312 A

Healing the Wounds of the Feminine

Explore the power of healing the wounds of the feminine. These include low self-esteem, negative body image issues, inability to voice feelings, fear of abandonment, disconnection from other women, and claiming our own unique power as women. This safe, confidential circle is facilitated by Priestess Kim Oursler, spiritual guide and intuitive counselor.

CONVENER: Kim Oursler (816-510-4391)

E-mail: priestesskim@yahoo.com

Web site: www.goddess.meetup.com/287

CLASS FEE: \$9

Sec. A: 1 session; Monday, March 23; 7:00 PM - 8:00 PM; Unity Temple on the Plaza, 707 W. 47th St., KCMO; LIMIT: 15

#5313 A

Living Eckhart Tolle's Teachings

Tolle says it is not enough to understand his teachings, we must practice them. In this class we will watch segments of his DVDs, discuss and meditate together. Ben Worth's practice of applying Eckhart Tolle's teachings has made a dramatic impact on him.

CONVENER: Ben Worth (816-210-3378)

E-mail: bnwabc1@yahoo.com

Web site: theamericanbuddhistcenter.org

CLASS FEE: \$9

Sec. A: 1 session; Monday, February 9; 7:30 PM - 9:00 PM; St. Garabed's Armenian Church, 4400 Wyoming, KCMO; LIMIT: 20

#5314 A

A Man's Journey to Greatness

What is masculinity in today's culture? How do you own your greatness as a man? In this class you will explore your personal experience and strength as a man in modern society and learn to express your own greatness. Dr. Arnaldo Berges and Life Coach Chuck Franks lead a discussion about the issues that men struggle with today. Chuck has a masters in psychology from UMKC and is a certified professional coach. Dr. Arnaldo Berges is a psychiatrist.

CONVENER: Chuck Franks & Arnaldo Berges (816-885-2526)

E-mail: chuck@innerstrengthquest.com

Web site: www.innerstrengthquest.com

CLASS FEE: \$9

Sec. A: 1 session; Saturday, January 31; 2:00 PM - 4:00 PM; Southeast Branch Library, Rm. A, 6242 Swope Parkway, KCMO; LIMIT: 20

Happiness is good health
and a bad memory.

~ Ingrid Bergman

#5315 A

Managing Your Stress Physically, Mentally and Emotionally

NEW

Yes, life is challenging...stress is inevitable...but you CAN control how you handle the stress of life by making good choices and taking care of yourself physically, mentally and emotionally. In this class you will learn how to take control in each of these areas in your life to make those challenges in life more manageable. Bring \$5 to class for materials.

CONVENER: Karen Hendrix (816-805-3998)

E-mail: info@CoachKarenHendrix.com

Web site: www.YourBestSelfYet.com

CLASS FEE: \$9

Sec. A: 1 session; Tuesday, March 31; 7:00 PM - 9:00 PM; University Center, Rm. 146, 50th & Rockhill Rd., UMKC Campus, KCMO; LIMIT: 20

#5316 A

Claim Your Authentic Masculinity

NEW

Do what's yours to do in the world without sacrificing your family relationships. Find your courage and confidence. Live a life with no regrets. Learn to live from your heart, AS A MAN, while feeling connected to those you love. We challenge you to develop your skills as a son, father, grandfather, partner, and leader. Experience a local circle of men who meet on an ongoing basis to empower each other in their lives. Joe is one of the 150+ local men who are members of the ManKind Project. The Kansas City Metro area MKP is a diverse non-religious organization committed to claiming our authentic masculinity in the world.

CONVENER: Joe Thompson (913-972-4752)

E-mail: gazingram@everestkc.net

CLASS FEE: \$9

Sec. A: 1 session; Wednesday, February 18; 7:00 PM - 9:00 PM; University Center, Rm. 146, 50th & Rockhill Rd., UMKC Campus, KCMO; LIMIT: 6

#5317 A

MBTI: Understanding Yourself and Others

NEW

"What are you thinking?" Have you ever wondered why your significant other, spouse, co-worker just did that? There is a reason we all have our unique twists to life, how we make decisions, handle stress, socialize, approach our jobs. This class will help you learn how our innate personalities influence all areas of our lives. Karen is a Certified Life Coach with a masters in clinical psychology and business administration. She has helped people for over 25 years and specializes in MBTI inventory. Bring \$25 for materials to first class for the Myers-Briggs Assessment.

CONVENER: Karen Hendrix (816-805-3998)

E-mail: info@CoachKarenHendrix.com

Web site: www.YourBestSelfYet.com

CLASS FEE: \$14

Sec. A: 2 sessions; Tuesdays, beginning March 10; 7:00 PM - 9:00 PM; Location to be announced; LIMIT: 30

#5318 A

Exploring the Circle of Life

The Circle of Life is a coaching process that introduces a way to approach creating balance and harmony in one's personal life, through self-care, accountability, and introspection. Learn how to turn weaknesses into strengths, access internal resources, and tap into the expertise of those who have achieved where you wish to be. Your possibilities are endless, but they first begin with you! Rachel is a holistic nurse practitioner and a certified health/wellness coach. Please bring \$3 to class for materials.

CONVENER: Rachel Hill E-mail: rachelyh@sbcglobal.net
CLASS FEE: \$9

Sec. A: 1 session; Wednesday, January 28; 6:00 PM - 7:30 PM;
South/Waldo Branch Library, Rm. A, 75th & Grand, KCMO;
LIMIT: 20

#5319 A

The Work of Byron Katie



The Work of Byron Katie is a way to minimize the stress of life by questioning our thinking. In these Saturday sessions, participants will learn how to do The Work and assist each other in moving toward clarity. The afternoon meetings will offer a quiet retreat in the company of friends to investigate our thinking and question our stories. Kay has a MS in clinical psychology and has worked for the MO Dept. of Mental Health for over 10 years. Coffee, companionship and clarity provided.

CONVENER: Kay Peoples (816-830-1703)
E-mail: kaypeoples@gmail.com
CLASS FEE: \$16

Sec. A: 4 sessions; Saturdays, beginning February 7; 2:00 PM - 3:00 PM; 1011 W. Sante Fe Trail, KCMO 64145; LIMIT: 25

Seniors

#5601 A

Alphabet Soup of Medicare Insurance

Are you or a loved one turning 65 or becoming eligible for Medicare due to disability? This is a fun, relaxed class and a pain-free way to learn. What are Medicare Part A and Part B? How do Medicare supplement plans fill coverage gaps? What is a Plan C, Plan F and let's not forget the new Part D prescription drug plan. Learn about Medicare PPOs and HMOs. This two-hour class will help you master the ABC's of Medicare insurance. Jeff has been an insurance professional since 1987, holds the professional designation of Life Underwriters Training Council Fellow and has a Bachelor's Degree in business administration.

CONVENER: Jeffery David (816-436-2622)

E-mail: jeffdavid@jeffdavidinsurance.com

Web site: www.jeffdavidinsurance.com

CLASS FEE: \$9

Sec. A: 1 session; Thursday, February 19; 6:30 PM - 8:30 PM;
University Center, Rm. 147, 50th & Rockhill Rd., UMKC Campus,
KCMO; LIMIT: 20

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