Advantages
Reasonable Cost and Accessibility
CCAS fees are set on a sliding-scale basis and always have been among the lowest in the Kansas City area. Clients do not need to have health insurance and are welcome from throughout the metropolitan area.

Convenient Hours
Clinic hours fit most busy schedules:
   2 - 9 p.m. Monday - Thursday
   10 a.m. - 4 p.m. Friday
Call 816.235.2725 to schedule an appointment

Confidential
All counseling and assessment sessions are confidential.

Centrally Located
CCAS is located on the UMKC main campus, south of the Country Club Plaza in the UMKC School of Education. Handicapped-accessible, metered parking is available.

Community Counseling & Assessment Services
UMKC School of Education
615 E. 52nd St., Suite 212
Kansas City, MO  64110-2401

The UMKC School of Education... addressing challenges through the preparation of excellent teachers, administrators, and mental health professionals for today and tomorrow

Community Counseling & Assessment Services
UMKC School of Education
212 Education Building
5100 Rockhill Rd.
Kansas City, MO  64110-2499

p) 816.235.2725  f) 816.235.5270
www.umkc.edu/ccas

UMKC is an equal opportunity/affirmative action institution
MO Relay:  1.800.735.2966 (TT) or 1.800.735.2466 (Voice)
CCAS Can Help
Counseling helps individuals, couples, and families to develop answers to problems, sort out feelings and determine new directions.

Community Counseling and Assessment Services (CCAS) is a counselor and psychologist training center for master’s and doctoral-level students. Much like physicians in residency, UMKC’s counselors and testing specialists are completing their counseling and psychology training. Services include state-of-the-art therapy and testing interventions based on research, supervised by licensed psychologists.

Some people avoid counseling or a psychological evaluation because they fear it will not fit their budgets, the process might be awkward or embarrassing, or that it will not accommodate their schedules. For many, CCAS is the answer.

Assessment
CCAS also conducts psychological and educational evaluations to help schools and therapists deliver effective interventions for children and youth. Evaluations can help detect the presence or level of symptoms related to cognitive, learning, and/or mood difficulties. Because children do not tend to “grow out of” these difficulties, symptoms can increase if they are not identified and treated. Evaluation can help inform treatment needs. Common areas assessed are:

- Learning disorders
- ADHD
- Mood, anger, or anxiety issues
- Neuropsychological testing for children, adolescents, and adults

Neuropsychological testing usually identifies problems in areas such as attention, language, decision-making and planning, memory, and spatial/motor coordination. These areas can affect learning, behavior, social skills, and other activities. Please see the CCAS website for detailed assessment information.

Counseling
Through counseling, CCAS strives to assist each client in an individual and personal way. By offering full-service counseling options, each unique challenge is met with care and consideration. Available counseling services include those for:

**Individuals**
Individual counseling can bring one closer to achieving his or her potential both personally and professionally, enabling them to lead a productive and satisfying life.

**Couples**
Counseling offers opportunities for people to better understand themselves and to grow in their ability to be more effective in relationships.

**Families**
Family counseling can improve communication among family members, help to blend step-families, improve methods of discipline and structure in the family, and address other parent concerns.