Music

#1208 B
Women of the Drum
In this women’s class, you will learn the basic hand techniques for djembe or conga and try your hand at some basic rhythms from Haiti and Brazil. Beginning and intermediate level players welcome. Bring a djembe or conga style drum or call conven- er if you need to borrow one.

CONVENER: Regina Compaone (816-547-0266)
Email: sacedeartorts@aol.com
CLASS FEE: $9.00
Sec. B: 1 session; Sunday, November 15; 6:00 PM - 7:00 PM; City in Motion School of Dance, 3925 Main (across Main St. from CVS Pharmacy), KCMO; LIMIT: 10

Performance

#1303 B
Circus Skills and Clowning
Learn to move like Chaplin, dance like Danny Kaye and juggle like Brian Wendling. Some of the skills that will be covered will be slapstick combat, how to take a pic in the face, still walking, hula hoop, tumbling, character development, make-up application and much more. Red nose optional. Instructors include a variety of Kansas City’s top professional clowns, mimes and juggling artists including but not limited to: Richard Renner, Stephanie Roberts, Jay and Leslie Cady, Beth Byrd, Heidi Stubblefield, Kent and Kevin Mercer and more.

CONVENER: Beth Byrd (816-561-2882)
Email: cityinmotion@aud.com
Website: cityinmotion.com
CLASS FEE: $9.00
Sec. B: 1 session; Wednesday, November 14; 8:30 PM - 9:30 PM; City in Motion School of Dance, 3925 Main (across Main St. from CVS Pharmacy), KCMO; LIMIT: 10

#2003 A or B
The Two-day Financial Turnaround
Feeling good about money is possible. You can create a plan that works for you and I would love to help. This workshop is designed to help you create a working monthly budget quickly. You will be up and running in no time! Bring $8 to class for materials.

CONVENER: Derek Olson
Email: derek@beatnikbudget.com
CLASS FEE: $9.00
Sec. A: 1 session; Wednesday, December 05; 6:00 PM - 8:00 PM; Bizperc, 1800 Baltimore, KCMO 64108; LIMIT: 10
Sec. B: 1 session; Saturday, December 08; 10:00 AM - 12:00 PM; Bizperc, 1800 Baltimore, KCMO 64108; LIMIT: 10

#2005 A
Alphabet Soup of Medicare Insurance
What are Medicare Part A and Part B? How do Medicare supplement plans fill coverage gaps? What is a Plan C, Plan F, and let’s not forget the new Part D prescription drug plan. Learn about Medicare PPOs and HMOs. In this fun relaxed and pain-free two-hour class I will help you master the ABC’s of Medicare insurance. Jeff has been an insurance professional since 1987, holds the professional designation of Life Underwriters Training Council Fellow and has a bachelor’s degree in business administration.

CONVENER: Jeff David (816-436-2622)
Email: jeffdavid@jeffdavidinsurance.com
Website: www.jeffdavidinsurance.com
CLASS FEE: $9.00
Sec. A: 1 session; Saturday, November 17; 10:00 AM - 12:00 PM; Student Union (New), Rm. 420, 5100 Cherry, Kansas City, MO 64110, metered parking on 5th floor of new parking structure at 50th and Oak; LIMIT: 12

#2009 A
Getting the Most from Social Security
Are you aware that a few key decisions can make a big difference in the amount of your Social Security benefit? Learn strategies to maximize your benefit by joining me for a brief and informative seminar. We’ll cover: Key Social Security benefit decisions, simple steps that can help maximize your benefit and how to get started. Warren Varney (MoneySmartLiving) has 27 years experience helping people manage money, debt and investments while building successful and fulfilling lives. Securities offered through Peak Brokerage Services, LLC.

CONVENER: Warren Varney (816-861-7449, 816-309-5815)
CLASS FEE: $9.00
Sec. A: 1 session; Saturday, November 10; 10:30 AM - 12:00 PM; Ruiz Branch Library, 2017 West Pennway St., Kansas City, MO 64108; LIMIT: 20

Business

#2103 B or C
Grant Writing for Organizations Finally Made Easy
This year billions of dollars will be given away in grants by foundations, corporations, and government agencies. Learn when, where, and how to apply. This workshop will introduce you to an exclusive combination of tips, tools and tricks to help you learn to write grants in half the time. Your funds development team can use our exclusive planning model to submit multiple grants quickly and accu- rately. Bring $10 for the required course workbook.

CONVENER: Barbara Wright (816-728-0170, 816-728-0170)
Email: certifieddreambuilder@yahoo.com
Website: www.certifieddreambuilder.com
CLASS FEE: $9.00
Sec. B: 1 session; Saturday, November 10; 10:30 AM - 12:30 PM; Plaza Library, Large Room, 4801 Main Street, Kansas City, MO 64112; LIMIT: 20
Sec. C: 1 session; Saturday, December 08; 10:30 AM - 12:30 PM; Waldo Branch Library, Rm. A, 201 East 75th Street, Kansas City, MO 64114; LIMIT: 20
Dissertations & Theses
APA Format Expertise
Typing • Editing • Formatting • Proofing
Foragoodtype.com • 816-931-2276
Westport • Since 1985

CROSSROADS COUNSELING CENTER
Counseling individuals, couples and families.
Hypnotherapy and guided imagery for: stress reduction, memory, confidence, PTSD...
LGBT allies
Cheri Adams, MS,SMFT and Sandi Seitz, MS,SMFT
660-247-2892 or 816-714-9777

Classes held Sundays at 6pm
City in Motion, 3925 Main, KCMO
Contact Regina for information.
816-547-0266 / SacredEarthArts@aol.com

Goodden Jewellers
Where the Unusual Is the Usual!
Visit us online at:
www.gooddenjewellers.com
or at 1004 Baltimore Ste.101
816-421-0281

Crick Camera Shop
7715 State Line Rd. Kansas City, Mo.
816-444-3390
Your best source for digital
Digital prints while you wait
Complete selection of Ilford
Films, papers, & chemistry
Archival portfolio & print boxes
10% student discount on supplies
Family owned & operated since 1946
www.crickcamera.com

Mark Carr
Computer whisperer
Hardware, software & behavior
816 868 6870 mark@markcarr.org

Women of the Drum

Visit zipcar.com/zipumkc to join for $15 ($10 off the regular price thanks to Ford.)
enter code 2012PRINT and get $40 in FREE driving
you only need to be 18+ to join; offer expires 10/15/12; terms and conditions apply - see zipcar.com/restrictions for details.
#2104 C
Starting or Improving a Non-Profit or Social Entrepreneur Business Finally Made Easy

If your goal is starting or improving a business that is non-profit, civic or social in nature and your money is limited, this workshop will introduce you to innovative tools, tips and tricks that can help you get started moving in the right direction using our exclusive business planning model! Please bring a $10 fee for the required course workbook. There is an optional CD available that includes the course Power Point with links to great helps for just $30.

CONVENER: Barbara Wright (816-728-0170, 816-728-0170)
Email: certifieddreambuilder@yahoo.com
Website: www.certifieddreambuilder.com
CLASS FEE: $9.00
Sec. B: 1 session; Tuesday, November 13; 6:30 PM - 8:30 PM;
Student Union (New), Rm. 419, 5100 Cherry, Kansas City, MO
CLASS FEE: $9.00
64110, metered parking on 5th floor of new parking structure at
50th and Oak; LIMIT: 20

#2105 B or C
Funds Development Finally Made Easy

Learn how organizations with or without a 501-C-3 can develop and set financial goals for an annual funds development plan that includes grants and fundraising. You will also be introduced to online tools, tips and tricks that helps you quickly find currently open grants, past grant proposals to serve as examples, and best practices. The material fee is $10. If you would also like the course on CD, bring an additional $30.

CONVENER: Barbara Wright (816-728-0170, 816-728-0170)
Email: certifieddreambuilder@yahoo.com
Website: www.certifieddreambuilder.com
CLASS FEE: $9.00
Sec. B: 1 session; Tuesday, November 13; 6:30 PM - 8:30 PM;
Student Union (New), Rm. 419, 5100 Cherry, Kansas City, MO
64110, metered parking on 5th floor of new parking structure at
50th and Oak; LIMIT: 20
Sec. C: 1 session; Tuesday, December 04; 6:30 PM - 8:30 PM;
Student Union (New), Rm. 419, 5100 Cherry, Kansas City, MO
64110, metered parking on 5th floor of new parking structure at
50th and Oak; LIMIT: 20

#2107 D
Selling on eBay Intro

Got stuff? Have something to sell (collections, store merchandise, crafts, antiques, overstock, junk)? eBay is the place! This intro will get you ready to sell (pricing, shipping, listing, etc.). Some Internet and e-mail experience recommended.

CONVENER: Robert Franke (816-942-9041)
Email: rfranke2@kc.rr.com
Website: rfranke2@kc.rr.com
CLASS FEE: $9.00 + $3.00 material fee = $12.00
Sec. D: 1 session; Thursday, November 15; 7:00 PM - 10:00 PM;
UMKC School of Medicine, Theatre C, first floor, 2411 Holmes, KCMO;
Parking is on Charlotte, Bring picture ID; LIMIT: 20
Great radio doesn’t just entertain. It motivates.

compelling + connected

Visit us online at www.kcur.org or follow us on facebook and twitter.
Goals, we all have them but do you have a system to achieve them? This is a basic goal setting class aimed at helping you develop a process to turn dreams into reality. We will cover the SMART goal setting principles and how even minimal daily effort can move us forward to reach new heights in business and personal areas of our lives.

CONVENER: Jon Schuley
CLASS FEE: $9.00

Sec. A: 1 session; Wednesday, November 14; 7:00 PM - 9:00 PM; Student Union (New), Rm. 420, 5100 Cherry, Kansas City, MO 64110; metered parking on 5th floor of new parking structure at 50th and Oak; LIMIT: 20

What happens during the cremation process? Do all funeral homes have a crematory? Are cremations done individually? Can I scatter cremated remains? As cremation becomes more accepted as the method of disposition of human remains, there are many questions surrounding the practice. We’ll also cover pet cremations and how you can save with online options. Join us to understand what all is involved in the cremation process.

CONVENER: Jim Hawkins (913-384-5566)
Email: Jim@CremationCenterKC.com
CLASS FEE: $9.00

Sec. B: 1 session; Thursday, November 15; 12:15 PM - 1:45 PM; Cremation Center of Kansas City, 4926 Johnson Drive, Roeland Park, KS 66205; LIMIT: 8

Learn all the necessary skills of bicycle maintenance in order to keep your ride rolling: How to lube chain, drive train, and cables; adjust derailleurs; install and remove wheels for transportation; and change a flat and patch a tube.

CONVENER: Idris Raoufi (816-756-5510)
Email: volkerbicycles@gmail.com
CLASS FEE: $9.00

Sec. C: 1 session; Saturday, December 01; 11:00 AM - 12:30 PM; Volker Bicycles, 130 W 18th St, KCMO; LIMIT: 10

Some questions surrounding the practice. We’ll also cover pet cremations and how you can save with online options. Join us to understand what all is involved in the cremation process.

CONVENER: Shea Geist (913-284-8177)
Email: shea@fengshea.com
Website: www.fengshea.com
CLASS FEE: $9.00

Sec. B: 1 session; Saturday, November 10; 2:00 PM - 3:30 PM; Waldo Branch Library, Rm. B, 201 East 75th Street, Kansas City, MO 64114; LIMIT: 8

Learn the basics of gemstone identification, including how to distinguish natural stones from man-made. Class includes hands-on experience with microscopes and other gemstone identification instruments from the area’s most complete gem lab. Slide program included. Bring your own jewels if you like. Convener is a graduate gemologist, past president of GIA Alumni Western MO Chapter, and president of Goodden Jewelers.

CONVENER: Ricki Goodden (816-421-0281)
CLASS FEE: $9.00

Sec. A: 1 session; Saturday, December 01; 2:00 PM - 4:00 PM; Goodden Jewelers, 1004 Baltimore, #101, (Library Loft District), KCMO; LIMIT: 15

#2109 A
Turning Dreams into Reality

#2201 B
Cremation 101

#2208 C
Be Your Own Bike Mechanic

#2306 B
Feng Shui—The Art of Living Space

#2703 A
Gemstone Identification