#6316 A
**Journey Into the Tarot**
Magical, mystical, mysterious...these are merely a few of the words that describe Tarot cards. Learn to utilize your Tarot cards not only for psychic readings, but also personal growth and magical possibilities. The Tarot is not only an accurate indicator of past, present and future influences; but it is also an excellent guide for assisting you in developing your spiritual path. We will journey into the Tarot in a way that is unique and allows for more possibilities both on the mundane and spiritual levels.

**CONVENER:** Aislinn (816-231-1919)
Email: aislinnfirehawk@gmail.com
**CLASS FEE:** $9.00

**Sec. A:** 1 session; Saturday, November 10; 5:00 PM - 7:00 PM; Rainbow Dreams, 4301 Main Ste. 10; Kansas City, MO; LIMIT: 13

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**#7001 B**
**Aikido**
Introductory training will be provided in the Japanese martial art of Aikido which includes joint locks, arm pins, and throws. Fundamentals of proper posture, balance, movement and mat safety will be stressed. The Kansas City Aikido School, affiliated with the United States Aikido Federation, is led by Larry Graham, 5th Dan and Shido-in (qualified instructor), following the teaching of Osensei Morihei Ueshiba, founder of Aikido. Sweats or loose clothing recommended. Bring $3 to first class for materials.

**CONVENER:** Dave Wirtz
Email: djaw1@juno.com
**CLASS FEE:** $18.00

**Sec. B:** 5 sessions; Thursdays, beginning, November 15; 6:30 PM - 8:30 PM; Kansas City Aikido School, 3128 Bell, Kansas City, MO 64111; LIMIT: 6

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**#7202 A**
**Traveling Abroad?**
Nancy will help you choose the travel company that best fits your interest and budget. Learn about travel medications, wardrobe, cameras and personal safety. Nancy has made 50 trips abroad to China, Iran, Central Asia, Great Britain, Europe, African safaris, Russia, and other places. Bring $2 for cost of handouts. Nancy Cramer, a retired teacher and small business owner, shares her experiences and love of travel with you in this informative class.

**CONVENER:** Nancy Cramer
**CLASS FEE:** $9.00

**Sec. A:** 1 session; Wednesday, November 21; 7:00 PM - 9:00 PM; Student Union (New), Rm. 419, 5100 Cherry, Kansas City, MO 64110; metered parking on 5th floor of new parking structure at 50th and Oak; LIMIT: 20

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**#8201 B**
**Books + Kids = Fun for Readers in Pediatric Clinics**
Reach Out and Read volunteers share the joy of reading with disadvantaged children in pediatric clinic waiting rooms. Readers participate in this 90 minute training and then commit to 20 hrs. of reading in 6 mo. or less in one of 50 KC Metro clinics. Shifts are usually 60-90 minutes long. Most shifts are M-F between 8 am-4 pm; some lunch hour shifts and weekend/evening shifts available. Minimum volunteer age: 14. If you like kids and books, it’s a blast!

**CONVENER:** Laura Long (913-588-0038)
Email: llong2@kumc.edu
Website: www.reachoutandreadkc.org
**CLASS FEE:** $9.00

**Sec. B:** 1 session; Monday, November 19; 5:30 PM - 7:00 PM; KU Med Center, 2901 Rainbow Blvd., KCK (room location & directions will be provided after registration); LIMIT: 10

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**WHOLISTIC HEALTH FAIR**
**SUNDAY, NOVEMBER 11TH**
**11 AM - 6 PM**
**NEW LOCATION: STUDENT UNION**
**5100 CHERRY, KCNO**
**EXHIBITOR SPACE IS SOLD OUT**
60 EXHIBITORS—20 WORKSHOPS—GIANT SILENT AUCTION

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**Volunteer**
**#8201 B**

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**AQUARIUS**
**A STORE FOR CONSCIOUS LIVING**
**FRIDAY, NOV. 9, 5-9 PM**
**SATURDAY, NOV. 10, 10 AM-7 PM**
**SUNDAY, NOV. 11, 11 AM-6 PM**

We have answers to your questions.

No admission charge.

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**Trips & Tours**
**#7202 A**
**Traveling Abroad?**
Nancy will help you choose the travel company that best fits your interest and budget. Learn about travel medications, wardrobe, cameras and personal safety. Nancy has made 50 trips abroad to China, Iran, Central Asia, Great Britain, Europe, African safaris, Russia, and other places. Bring $2 for cost of handouts. Nancy Cramer, a retired teacher and small business owner, shares her experiences and love of travel with you in this informative class.

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