#5001 A  
**What's Happening in Greater K.C. for Singles?**

This class is for singles who want to know about singles groups, events and activities taking place in Kansas City. Convener is publisher of “Guide to Singles Groups in Kansas City,” a directory of local singles groups. Material fee includes cost of the directory and other materials.

**CONVENER:** Don Davidson  
**CLASS FEE:** $9 + $6 material fee = $15  
**Sec. A:** 1 session; Wednesday, April 5; 7:00 PM - 8:45 PM; South/Waldo Branch Library, Rm. B, 75th & Grand, KC;  
**LIMIT:** 25

---

#5002 A  
**101 Fun & Clever Ways to Get Noticed By the Opposite Sex**

The first step in starting a relationship is getting noticed. This workshop will discuss fun and clever ways to get the attention of those you wish to meet. The material is presented by Don Davidson, singles leader and publisher of “Guide to Singles Groups in Kansas City.” Come and have fun meeting others and contributing your own clever ways of getting noticed.

**CONVENER:** Don Davidson  
**CLASS FEE:** $9 + $4 material fee = $13  
**Sec. A:** 1 session; April 26; 7:00 PM - 8:45 PM; South/Waldo Branch Library, Rm. B, 75th & Grand, KC;  
**LIMIT:** 25

---

#5003 A, B, or C  
**Speed Dating Benefits**

Meet eligible singles face-to-face, one right after another in one night. You know right away who you like and don’t like, and won’t have to waste time with someone who is not your type. Safe: No pressures of trying to figure out if your date likes you or asking anyone for their phone number, just check yes on the form to be provided that you would like to talk to or meet that person again. You get an enjoyable night of conversation and an opportunity to meet new people as new friends or even possible future relationships. GENTLEMEN’S NIGHT: Speed Dating Special for MEN ($11 off regular price). **C’mon guys!** Lot’s of HOT women are signed up.

**CONVENER:** Ron Bingham  
**CLASS FEE:** $9 + $5 material fee = $14  
**Sec. A: men 30 - 45:** 1 session; Tuesday, March 21;  
**Sec. B: women 30 - 45:** 1 session; Tuesday, March 21;  
**Sec. C: men 45 - 59:** 1 session; Tuesday, March 21; 
**MEETS:** 7:00 PM - 9:00 PM; Figlio Italian Restaurant & Bar (on the Plaza), 209 West 46th Terrace, KC;  
**LIMIT:** 20

---

#5305 A  
**Advanced Happiness (NLP)**

Would you like to live in a permanent state of worth, inner peace, joy? At work? In your personal life? Come to this class and walk out living in one or more of your core states. Tape recorders welcome. $25 fee may be applied towards purchase of book in class.

**CONVENER:** Jerry White (816-331-4715)  
**CLASS FEE:** $14  
**Sec. A:** 2 sessions; Wednesdays, beginning April 12; 7:00 PM - 9:00 PM; UMKC School of Medicine, Theatre B, first floor, 44th & Charlotte, KC; Bring picture ID;  
**LIMIT:** 25

---

#6007 A  
**Shamanism**

The shaman has played an important role in the survival of humanity. We will discuss historical and cultural aspects of shamanism. We will experience a shamanic journey to work with our power animals. Please refrain from consuming alcohol or meat one day before the class. Please bring a bandanna, pillow, light blanket and a healthy dry snack. Please bring $5 for materials. Dragongire is a member of the Foundation for Shamanic Studies.

**CONVENER:** Dragongire  
**CLASS FEE:** $9  
**Sec. A:** 1 session; Saturday, May 6; 10:00 AM - 12:00 PM; Northeast Library, Rm. B, 6000 Wilson Rd., KCMD, Independence Ave. East, several blocks past Van Brunt but before railroad underpass, Take left on Wilson - go past Price Chopper and strip mall, Library on left;  
**LIMIT:** 20

---

#6015 A  
**Women's Re-Birthday of Sacred Play**

Eleven hours of Meditation: silent, guided, moving; Art: clay, paint, collage; Play: singing bowls, sacred bells, healing drums, women’s voices; Vision: astrology, tarot, shamanic journey, intuitive healing; Nourishing food and laughing women. Bring a vegan dish to share.

**CONVENER:** Dragonfire  
**CLASS FEE:** $9  
**Sec. A:** 1 session; Saturday, April 8; 10:00 AM - 12:00 PM; Haag Hall, Rm. 310, 52nd & Rockhill Rd., UMKC Campus, KC;  
**LIMIT:** 20

---

#6016 A  
**Intro to Practical Kabbalah**

Kabbalah is a system of mysticism that has developed over many centuries. Until recently its teachings were over many centuries. Until recently its teachings were kept secret. Now it is revealed to the world at a time of great need so that as many people as possible can learn its methods of self-protection and enhancement of personal evolution. Kabbalah can improve all areas of your life through its simple methods.

**CONVENER:** John Sandbach (816-931-0116)  
**CLASS FEE:** $9  
**Sec. A:** 1 session; Tuesday, May 16; 6:30 PM - 8:00 PM; White Light Holistic Resource Center, 1607 W. 39th St., KC;  
**LIMIT:** 15

---

#6207 A  
**Living in the Moment: Pathway to Peace**

You can cut your stress in half by simple mind training! With motivation and practice, you can learn to stay out of the fears of the future and the regrets of the past. By living in the moment, you will gain insights, healing, spiritual wisdom, peace and freedom from the ego. Come learn practical ways to be more present, with insights from spiritual teachers Eckhart Tolle and Thich Nhat Hanh.

**CONVENER:** Carol Meyer (913-577-8672)  
**E-mail:** wisdomways@planetkc.com  
**Web site:** www.wisdom-ways.org  
**CLASS FEE:** $9  
**Sec. A:** 1 session; Wednesday, April 5; 7:00 PM - 9:00 PM; 5019 W. 56th St., Roeland Park, KS;  
**LIMIT:** 15

---

#6315 B  
**Astrology For Your Life**

What is astrology, and how can it enhance your life? See how the planets reveal your gifts, challenges and timing of events. Learn the basics and how to benefit from this ancient “art of time and place” from professional astrologers Kathleen Goodyear and Julia Steffey. Please email your birth date, time and place and bring $2 to class for your birth chart and handouts. Kathleen is an astrological consultant, teacher, researcher and writer who has been in the astrological field for 26 years. Julia is an astrological and intuitive consultant, writer, teacher and artist.

**CONVENER:** Kathleen Goodyear & Julia Steffey (816-361-0774)  
**E-mail:** kgoodyear@myfastmail.com  
**Web site:** www.wisdom-ways.org  
**CLASS FEE:** $9  
**Sec. B:** 1 session; Monday, April 17; 7:00 PM - 9:00 PM; Plaza Library, Rm. A, 48th & Main, KC;  
**LIMIT:** 20

---

#6316 A  
**Beginning Astrology**

Learn about your own sign and the signs of people you know. This class explores the various planets astrologers use, and tells you how they influence your character and destiny. You will learn the most basic elements of astrology and how to practically use them to make your life a richer, more rewarding experience.

**CONVENER:** John Sandbach (816-931-0116)  
**CLASS FEE:** $9  
**Sec. A:** 1 session; Saturday, April 22; 2:00 PM - 3:30 PM; White Light Holistic Resource Center, 1607 W. 39th St., KC;  
**LIMIT:** 15