



## COVID-19 RE-POPULATION PLAN

### **Objective:**

The health and safety of student-athletes and staff is paramount to Kansas City Athletics. This purpose of this plan is to reduce the risk of COVID-19 contamination to student-athletes and staff during the re-population of athletics facilities.

### **Shared Responsibility:**

All student-athletes and staff play a part in preventing the spread of COVID-19. The use of athletic facilities during the pandemic is contingent upon strict adherence to infection control practices at home, in public, on campus, and within the facilities.

### **Pre-Screening:**

Student-athletes will complete a COVID-19 History Questionnaire and COVID-19 PCR Testing prior to admittance to Athletics facilities. Those with pre-existing conditions that increase vulnerability to COVID-19 will discuss these risks with team physicians prior to participation. Student-athletes and staff will take part in mandatory infection control education, which will be provided by a member of the sports medicine staff. At the conclusion of the session, student-athletes and staff will complete a COVID-19 education attestation.

### **Infection Control and Prevention:**

Kansas City Athletics facilities will be cleaned and disinfected according to CDC guidelines prior to, and throughout the re-population period (<https://www.cdc.gov/coronavirus/2019-ncov/community/disinfecting-building-facility.html>). Hand sanitizer will be available at building, practice facility, athletic training room, weight room, and restroom entrances, and students-athletes and staff will be required to use hand sanitizer upon entering and exiting each of these areas. Student-athletes and staff will be required to clean and disinfect all equipment and surfaces before and after each individual's use.

### **Daily Screening:**

Student-athletes must complete a daily questionnaire before leaving their home, including self-reported symptoms and knowledge of close contacts with symptoms or a positive test. Upon arrival to Kansas City Athletics facilities each day, student-athletes and staff will have their basal body temperature assessed by a member of the sports medicine staff using a no-touch, temporal thermometer. Any student-athlete or staff member with a temperature above 100.3°F will not be permitted access to Kansas City Athletics facilities and will be directed to return home.

### **Stay at Home:**

If a sports medicine staff member suspects a potential COVID-19 infection, that student-athlete or staff member will be directed to stay home and will be referred to a team physician for further evaluation. The individual will move to an isolated living situation away from others until fully recovered or COVID-19 is no longer suspected. Any other individuals who have been in close contact without

PPE, including roommates, with the student-athlete or staff member suspected of infection will not be permitted access to Kansas City Athletics facilities.

**Response:**

If a student-athlete or staff member reports symptoms consistent with COVID-19, team physicians will determine the need for COVID-19 PCR Testing. Any individual who tests positive or is presumed positive will be instructed to self-quarantine for a period of at least 10 days plus 72 hours after the resolution of symptoms, whichever is longer. The sports medicine staff, along with student health & wellness, will determine which individuals had experienced a high-risk close contact with the infected individual. All close contacts will be instructed to self-quarantine for a period of no less than 14 days, and to monitor for symptoms consistent with COVID-19. For individuals who test or are presumed positive, as well as close contacts, Student Health & Wellness will determine when it is safe to return to campus facilities. Team physicians will determine the appropriate return to play plan, which will include a gradual resumption of activities.

**Post-Incident Infection Control:**

All areas on campus which were accessed by the infected individual in the 48 hours before symptoms appeared will be closed, except for cleaning, for 24-48 hours and disinfected according to CDC guidelines. In addition, the infected individual, and those in close contact with that individual, will be directed to resources for disinfecting personal spaces.

**Re-population Phases:**

Activities will be introduced in three phases. Phases will be determined per team on an ongoing basis by the Head Team Physician, and will last approximately 14 days.

Phase 1	<ul style="list-style-type: none"><li>▪ All activities within cohorts of no more than 6 student-athletes (roommates must be in the same Cohort)</li><li>▪ No more than 10 total people in one area at a time (indoors)</li><li>▪ Masks required indoors</li><li>▪ Social Distancing (6 ft) required at all times</li><li>▪ No sharing of equipment</li></ul>
Phase 2	<ul style="list-style-type: none"><li>▪ Occupancy restricted based on ability to safely maintain social distancing</li><li>▪ Masks required indoors</li><li>▪ Social Distancing (6 ft) required at all times</li><li>▪ No sharing of equipment</li></ul>
Phase 3	<ul style="list-style-type: none"><li>▪ Full occupancy allowed in practice</li><li>▪ Occupancy restricted in support areas based on ability to safely maintain social distancing</li><li>▪ Masks required indoors</li><li>▪ Non-contact practice and sharing equipment permitted</li><li>▪ Equipment and hands must be disinfected regularly during activities</li></ul>