



UNIVERSITY OF MISSOURI-KANSAS CITY

ONLINE RESOURCES AND PROGRAMMING A-Z

Activities

Campus Recreation

The Swinney Center is closed but [Campus Recreation](#) is committed to engaging our students remotely. We're on [Instagram](#), [Twitter](#), [Facebook](#) and [YouTube](#). Check out #UMKCRecUpdates for member and student information updates and special programs each day of the week:

- Mondays, Wednesday, and Saturdays: [at-home workout sessions](#) on pre-recorded and live videos #StayFitChallenge #RooFitness
- Tuesdays and Thursdays: wellness, nutrition and health awareness updates #RooWellness #RoosAtHome
- Fridays: We're hosting #RecChatLive on Facebook and Instagram to catch up on how our students are coping, studying and staying social.
- Intramural Sports is developing new ways to engage students by offering online videogame tournaments. Stay tuned for more information!
- Interested in joining our team? We're accepting [student employment](#) applications for Summer and Fall 2020. All jobs are posted on [Handshake](#). We're seeking positions for facilities and operations, special events, marketing, fitness and wellness, intramurals and aquatics. On Sundays, we'll feature one of our amazing student staff members on #RecStaff so you can learn more about them personally and the power of their employment experience.
- For additional details and questions, email us at umkccampusrec@umkc.edu.

Office of Student Involvement

- [The Office of Student Involvement](#) is operating from a virtual office space. To visit our front desk, please use this [Zoom link](#).
- During our time of physical separation, we encourage all students to stay in touch with us and with each other—these connections are vital to your support and engagement

with campus as well as provide opportunities to connect and have fun with your fellow UMKC students.

- For more information or if you have any questions, please contact us at getinvolved@umkc.edu.

Parent and Family Programs

UMKC values your parent and family members' involvement in our Roo community.

- Connect with [UMKC Parent and Family Programs](#) to receive additional support during this time.
- Contact us via email at families@umkc.edu, through our [UMKC Parents and Families Facebook Group](#) and our [UMKC Parent and Family Programs newsletter](#).

Student Organizations

- [Google Meet](#), Skype or FaceTime are great resources to host virtual meetings. We encourage you to maintain your regularly scheduled meeting times and agendas, with potential adjustments to activities to fit the virtual format.
- Student organization leaders can make updates to their organization-specific page on [RooGroups](#) and find [tips](#) on using RooGroups in a virtual format.
- **Organization Finances and Budget Requests for Fall 2020:** Upcoming information sessions and budget submission deadlines will be shared as soon as possible. Virtual programming grants for student organizations are coming soon. Check [RooGroups](#) next week for more information on how to apply.
- Questions or concerns? Contact Yhanika Henderson at goinsy@umkc.edu.

Virtual Campus Events

[The Office of Student Involvement, Campus Recreation, Multicultural Student Affairs](#) and the [Women's Center](#) are developing a series of virtual involvement opportunities for students during the online instruction period.

- Check-in often on [RooGroups](#) in the coming days for more information about virtual programs, workshops and social media gatherings.
- You can also visit the [Office of Student Involvement Virtual Events](#) website for more details.

Health and Wellness

Counseling Services

- We will continue to offer individual and some modified group services via HIPAA-compliant Zoom to existing clients.
- We will offer in-person crisis walk-in consultation at the UMKC Counseling Services office from 10 a.m. to 2 p.m. Monday through Friday.
- Please call the office at 816-235-1635 before coming in.

- Please visit our [website](#) for up-to-date information regarding our services, and for tools and tips for coping with the COVID-19 situation.

COVID-19 Information at UMKC

- [Communications](#), FAQs and resources for our campus community.

Student Health and Wellness

- Offering a full array of services but with adjusted hours. We remain open 8 a.m. to 5 p.m. Monday through Friday virtually to answer phone calls and address patient needs.
- We will continue to offer face-to-face visits in the office during the hours of 10 a.m. to 3:30 p.m.
- Additional information can be obtained by calling 816-235-6133 or by visiting our [website](#). Please call the office before coming in.

Student Affairs Resources and Services

Disability Services

- Available to assist any new students who need accommodation. Call Scott Laurent at 816-235-5696.
- For questions about accommodated exams, contact Jane Holland at 816-235-5672.

Multicultural Student Affairs

- Offering check-in meetings for any students who need assistance and support to stay on track with meeting their personal and academic goals.
- Contact Kellee Harris at harriskathry@umkc.edu or Ivan Ramirez at ramirezii@umkc.edu.
- Follow us for updates on [Facebook](#).

Office of Affirmative Action

- The [Office of Affirmative Action](#) will continue to provide services via phone and Zoom video-conference: receiving reports, conducting investigations and resolving complaints through use of administrative resolution or hearing.
- Please contact the main line at 816-235-1323 or visit the [website](#) if you have questions or need assistance.

Veteran Student Support Services

- Support for student veterans available from 8:30 a.m. to 5 p.m. Monday through Friday.
- Contact Eric Gormly at 816-235-5599 or gormlyea@umkc.edu.

For updates and other information, like us on [Facebook](#).

Violence Prevention and Response Program

- We recognize this is a difficult time for many, but remember that you are not alone, and if you need support please reach out to the [Violence Prevention and Response Program](#) or [community](#) and [online resources](#) available to you.
- You can set up virtual appointments by emailing Michelle Kroner at kronermm@umkc.edu or Maya Burtin at mburtin@umkc.edu.
- Follow us on [Facebook](#) and [Instagram](#) for programming updates and information.

Women's Center

- Find out about available resources and meet the staff at the [Women's Center](#).
- Contact Brenda Bethman at bethmanb@umkc.edu or Arzie Umali at umalia@umkc.edu.
- Call 816-235-1638 or email umkc-womens-center@umkc.edu.

Student Success

Academic Support and Mentoring

- Check out our website for a [full list of services](#).

Career Services

- [UMKC Career Services](#) and [Bloch Career Center](#) are available to assist with phone and video appointments, workshops and events.
- [UMKC Career Channel](#): Videos on career-related topics
- [Handshake](#): internships, jobs, listing of career-related events and resources

Financial Aid

- Please visit our [website](#) for the most updated information.
- Call 816-235-1154 or email finaid@umkc.edu.

Help Central

- This is a [one-stop shop](#) for everyone's safety and wellbeing on campus.
- HelpLine is at 816-235-2222.

Registration and Records

- Visit the [website](#), call 816-235-1125 or email registrar@umkc.edu.