

## Adjusting Your Crown: Embracing Our Confidence & Restoring Our Minds

**FRIDAY, JUNE 3, 2022**

7:45 am	<b>Conference Check-in, Vendor Showcase, Continental Breakfast</b>	
8:45 a.m.	Welcome: <b>Makini King</b> , (she/hers) Interim Vice Chancellor, UMKC Division of Diversity and Inclusion Emcee: <b>Mia Ramsey</b> , Music/Elder, Executive Director and new Author	
8:50 – 9:30 am	<b>Opening Plenary: Gabriela Flores</b> , (she, her, ella) MSM, Director, Center for Equity, Inclusion and Multicultural Engagement, Kansas City Kansas Community College	
Room	SESSIONS 9:45- 11:00 a.m.	Presenter/Panelists
401	<p><b>#IAm</b></p> <p>Panelists will share multicultural perspectives of racial and cultural grief and healing through the lens of culturally dexterous allyship. During the past two years, members of the Asian American, Pacific Islander, Desi American (AAPIDA) communities experienced an unprecedented rise in violence and hostility triggered by the COVID-19 pandemic. Against this tide of hate and anger towards those who are perceived as other, the global community continues to bear witness to communal grieving and intersectional solidarity as individuals, tribes, organizations, and networks rally to reclaim and reshape their #IAm narratives to celebrate not only what they are not, but who they are and how they choose to show up in the world.</p>	<p><b>Moderator: Hoang-Anh L. Tran</b>, (she/her, hers) Chief of Staff - Administrative Pillar, UMB Financial Corporation; Board of Directors, National Association of Asian American Professionals - Kansas City</p> <p><b>Shivani Bhandari</b>, (she/her, hers) MBA, Business Development for Smart SCM by Smart Info Technologies</p> <p><b>Mary Buche</b>, (she/her, hers) Senior Vice President, Relationship Manager &amp; CRA Officer, Bank of Labor, Board of Directors-VP Strategy, National Association of Asian American Professionals-KC</p> <p><b>Kimberly Carlson</b>, (she/her, hers) MPH Lead Clinical Researcher, Cerner Corporation, Director of Social and Cultural Events, National Association of Asian American Professionals-KC</p>
402	<p><b>A Participatory Action Research Counterspace for Black Women in Higher Education</b></p> <p>The goal of this session is to introduce participants to an innovative diversity, equity, and inclusion strategy known as a Participatory Action Research Counterspace (PARC). PARC is designed to illuminate, center, and enhance the experiences of multiplicatively minoritized groups in majority settings such as women of color at primarily white institutions in higher education.</p>	<p><b>Michele D. Smith</b>, (she/her, hers) Ph.D., Vice Provost for Student Affairs/Dean of Students, University of Missouri-Kansas City</p> <p><b>Nicole M. West</b>, (she/her, hers) Ph.D., Assistant Professor, Missouri State University (MSU)</p>

301	<p align="center"><b>I am My Mother's Daughter</b></p> <p>Freda will share the experiences of American Indian women and their roles in family and community. Participants will learn how to embrace their confidence through the lens of American Indian practices by learning to reflect on the impact of "mothers" in the lives of American Indians, to understand the complexities of familial relationships among AI families and to use storytelling as a tool of healing and celebrating.</p>	<p><b>Freda J. Gipp</b>, (she/her, hers) EdD, Sr. Admin Assistant/Faculty, Haskell Indian Nations University</p>
419	<p align="center"><b>Doing it All: Balancing Parenting and Work</b></p> <p>Do you feel stressed and overwhelmed with the demands of balancing parenting and work? You are not alone. Many parents today face these same challenges. This session will present Seven Key Steps that will assist parents in balancing them both and keeping it all together. By the end of the sessions, participants will assess, identify, and have a plan for a healthy parent/work balance.</p>	<p><b>Mary McConnell</b>, Ph.D., Educator, Author, Consultant, University of Missouri-Kansas City</p>
302	<p align="center"><b>Adjust Your Crown and Build a Financial Legacy</b></p> <p>It is never too late to change the course of your financial position and build generational wealth by implementing these life-changing strategies. This presentation enumerates proven steps to eradicate debt, implement investing strategies, and create life-long goals to achieve generational wealth.</p>	<p><b>Donna C. Watson</b>, (she/her,hers) Esq,CEO of The Legacy Experience, LLC</p>
Room	SESSIONS 11:15- 12:30 p.m.	Presenter/Panelists
401	<p align="center"><b>"The legacy of her crown" Entrepreneurship Panel Discussion</b></p> <p>Panelists will discuss their experiences as female entrepreneurs and their paths to building effective businesses. Prepare to be inspired and educated as they share their knowledge and experiences on how to transform creative ideas into successful enterprises. Panelists will provide you advice on how to start your next national nonprofit or business organization.</p>	<p><b>Moderator: Iesha Tyler</b>, (she/her,hers) Founder/CEO of I AM 413 – MBA Student at UMKC Bloch School of MGT</p> <p><b>Karis Harrington</b>, (she/her,hers) Chief of Business Development for Kansas City G.I.F.T., Founder, The Harrington Group LLC</p> <p><b>Rita Strickland</b>, (she/her,hers) Owner of SP 31 Creative Events and Designs</p> <p><b>Kondra Gibson-Dingle</b>, (she/her, hers) Owner/Creative Director, My Diva Boutique</p> <p><b>Kira Cheree' Hopkins</b>, (she/her, hers) Founder of Entrepreneur Business Basics (EBB)</p> <p><b>Drea Nycole Carnes</b>, (she/her, hers) Retailer, Fashion/Custom Designer, Personal Stylist</p> <p><b>LaToyia A Mays</b>, (she/her, hers) Master Herbalist and Founder of The Laya Center &amp; Herban Wellness Brands</p>
402	<p align="center"><b>Energetic Boundaries for White Workplaces</b></p> <p>In this interactive session, participants will learn how to identify nervous systems responses to crossed boundaries within white workspaces. Participants will share tools to help manage and balance responses and learn to differentiate professionalism from white norms that can create hostile workspaces for employees to navigate. Finally, honor unique vibrations by learning to communicate through a more authentic voice.</p>	<p><b>Rebecca Williams</b>, (she/her, hers) BA, Director of Talent Development, School Smart KC, Registered Yoga &amp; Meditation Teacher (200 Hrs), Owner of Curating Peace Yoga &amp; Wellness</p> <p><b>Samara Crawford Herrera</b>, (she/her,hers) MSW (She/Her/Hers), Executive Director, Kansas City Action Fund</p>

419	<p align="center"><b>Leaning into Strengths to Build Resiliency</b></p> <p>Learn essential mindfulness practices and tools specific for women of color. Participants will learn how to slow down the everyday "busy" and truly experience what comes your way by being more present. Discover tips and resources for adding more mindfulness to your everyday life and how and why guided meditation practices should be viewed through a culturally relevant lens.</p>	<p><b>Andrea Raya</b>, (she/her, hers) LMSW, Director of Community Programs, Rose Brooks Center</p>
302	<p align="center"><b>Embracing Your Personal Identity: Combating Imposter Syndrome</b></p> <p>The goal of this interactive session is to create space for participants to take a personal look into who defines self and how outside societal influences mask how we see ourselves. Participants will engage in personal reflective work and work in small groups to discuss their personal and social identities and how they shape how we see ourselves and how we see others.</p>	<p><b>Raquel McCommon</b>, (she/ella) M.A. Ed. Office of Diversity, Equity, and Inclusion Strategic Initiatives, UMKC School of Medicine</p>
301	<p align="center"><b>Sister Social Workshop</b></p> <p>Whether you're a content creator or viewer, as a woman of color, relevant content is being suppressed! Learn how to create supreme marketing content to attract, build, and join forces with communities of women of color to prevent our voices from being silenced in the digital world.</p>	<p><b>Denitra "Dee" Moore</b>, (she/her, hers) Director of Marketing, Friend That Cooks, Owner, 333 &amp; Co.</p>
12:30- 1:40 p.m.	LUNCH, Vendor Showcase, Giveaways	
1:45 – 2:45 p.m.	Keynote: <b>Derecka Purnell</b>   Author, Organizer, Civil Rights Attorney	
2:45 –4:00 p.m.	Closing Remarks, Vendor Showcase, DJ Doop, Hor d'oeuvres, Networking, Giveaways	
<b>Conference Ends: Thank You</b>		

**Livestream of Keynote Provided by GVHot97** [@GV Hot 97](#)