TRADEITIONS
CHALLENGE

Attend "Chill Out" with the Women’s Center
Attend "Warm Up" with the Women’s Center
Attend a Cesar Chavez Lecture
Attend a Chiefs Game
Attend a Cockeefair Lecture
Attend a Critical Conversations session
Attend a Dive-In Movie
Attend a Guest Lecture: Please note the lecture attended
Attend a Kansas City Men’s Basketball game
Attend a Kansas City Men’s Soccer game
Attend a Kansas City Volleyball match
Attend a Kansas City Women’s Basketball game
Attend a Kansas City Women’s Soccer game
Attend a KC Current Game
Attend a National Transfer Student Week event
Attend a program hosted by your Resident Assistant (RA)
Attend a Roo Welcome event (other than Convocation and UnionFest) Attend a Royals Game
Attend a Shutz Lecture Series lecture
Attend a Social Justice Guest Lecture
Attend a Sporting Kansas City Game
Attend a Stress Less Fest event
Attend a Student Government Association Meeting
Attend a UMKC Blue and Gold Week event
Attend a UMKC Conservatory event or performance
Attend a UMKC Young Alumni Event
Attend Adelante Latinx Student Leadership Summit
Attend Convocation
Attend Late Night Breakfast
Attend Late Night Rooview with ASM
Attend Late Night with the Greeks
Attend Legacy Summit on African American Student Leadership
Attend Martin Luther King Jr. Lecture
Attend Pride Lecture
Attend Taste Thursdays hosted by MSA
Attend the Freedom Breakfast
Attend the MSA Welcome Back Event
Attend the National First Generation College Student Celebration
Attend UnionFest
Attend Who Am I? Identity Discussions

Eat in the dining hall
Eat lunch in the Student Union
Hang out in the MSA Lounge
Hang out in the UMKC Rainbow Lounge
Participate in a Community Engaged Learning (CEL) class/ initiative
Participate in an event during Battle of the Buildings
Participate in an Intramural League sport (Fall Intramural League sports - Flag Football, Volleyball, Badminton; Spring Intramural League sports - Basketball, Soccer, Softball, Cricket)
Participate in Best Roo Wellness Challenge
Participate in First Gen Welcome Week (exclusive for First Gen Roo Scholars)
Participate in Healing Arts Workshops
Participate in Her Art Project
Participate in Intramural League sport
Participate in an Intramural League sport (Fall Intramural League sports - Flag Football, Volleyball, Badminton; Spring Intramural League sports - Basketball, Soccer, Softball, Cricket)
Participate in one of the Veteran’s Week activities
Participate in Roo Combat Fitness Challenge
Participate in Roos Give Back
Participate in the annual Ally Photo
Participate in the UPB Talent Show
Pin Where You’ve Been (Exclusive to Student Veterans)
Place a star on the Honor Tree
Register for Family Weekend with your family, and attend an event
Rent a study room in the Library
Ride the Streetcar
Sample a mocktail at Booze Free Bash
Study at Miller Nichols Library
Take a first day of school pic
Take a photo at the Roo Statue
Take a picture with KC Roo
Take a picture with the Chancellor
Visit 18th and Vine District
Visit Career Services
Visit the Nelson Atkins Museum
Visit the Plaza
Visit Union Station
Visit Warko Observatory
Volunteer at the Dr. Raj Bala Agrawal CARE Center