Go to the UMKC home page and click A-Z Index.
Click N and then click *Networking and Telecommunications*.

Under *Voicemail*, click *Unity Connection Voicemail*. 
Under *Access Unity Connection by Web*, click *Click here to manage your Unity Connection account*. 
Login using your SSO (UMKC login.)
Click *Messaging Assistant*.
Next to Preferences, hover your mouse over the drop-down arrow and select Message Playback.
Under *Playback Settings*, change *Message Speed* to *Normal* and click *Save*.