



Welcome to the Relaxation Station

- ✓ Please limit your time here to **15 minutes** so that others may enjoy this quiet space and massage chair.
- ✓ We ask that you **do not bring any food or drink** into the Relaxation Station. This will help protect the massage chair from any damage.
- ✓ **Do not leave your cell phone or loose change in your pockets** while using the massage chair. They are easily lost.
- ✓ **Please be sure you have all your belongings when you leave.**

WARNINGS

The following persons must not use this massage chair:

- Persons with serious circulatory problems such as varicose veins, thrombosis, etc
- Persons who have been advised by their doctor not to use the chair
- Persons with suspected acute neck sprain (whiplash injury)

Seek medical advice before using the chair (misuse could result in injury or be harmful to health):

- Serious heart problem
- Serious diabetes
- Serious osteoporosis
- High fever
- Pregnancy or suspected pregnancy
- Serious skin condition
- Sensory impairment
- Persons with pacemakers or other electronic medical devices
- Acute gastro-intestinal complaints (gastritis, hepatitis, enteritis)
- Persons with spinal abnormalities due to past injury or ailment
- Persons with curvature of the spine
- Persons with history of vertigo, fainting, or tinnitus

