

Year 1 for FTC Students



Checklist requirements subject to changes and updates

Career Escalators Essential Experiences			
	Requirements	When to complete	Yearly Objective
Year 1	Attend Hop In Orientation	Fall	Articulate the program requirements and connect with peers in the program.
	Attend Hop Back In Reorientation	Spring	
	Attend a Fall Cohort Meeting	Fall	
	Attend a Spring Cohort Meeting	Spring	
	Attend (2) one-on-ones with PCE Staff	Fall & Spring	

Career Guidance & Development			
	Requirements	When to complete	Yearly Objective
Year 1	Complete Agilities Assessment	Fall	Identify 1-2 majors or career opportunities within your interest. Identify the Career Development resources available on campus.
	Meet with Career Coach	Fall or Spring	
	One Career Development Elective	Fall or Spring	

Experiential Learning			
	Requirements	When to complete	Yearly Objective
Year 1	One Experiential Learning Elective	Fall or Spring	Explore: Attend employer workshops and presentations

Mentoring			
	Requirements	When to complete	Yearly Objective
Year 1	Meet with a PAL three (3) times per semester	Fall & Spring	Get peer support as you acclimate to UMKC and college; experience formalized mentoring

Leadership Development			
	Requirements	When to complete	Yearly Objective
Year 1	Leadership & Strengths Intro at Hop In	Fall	Identify and articulate your strengths and personal leadership style
	Leadership Engagement, Service or Practice	Fall or Spring	
	Complete the CliftonStrengths Assessment & Strengths workshop	Fall (wkshp at Hop Back In)	

Professional & Graduate School Preparation			
	Requirements	When to complete	Yearly Objective
Year 1	Explore opportunities for graduate or professional school	Fall	Determine if you will pursue graduate or professional school following undergrad
	Begin researching graduate programs	Spring	