



Campus Recreation

Membership Handbook

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POLICIES AND PROCEDURES

Important Health Warning

Please consult your physician regarding your ability and preparedness to participate in the various activities offered. The University assumes that users of the center have verified their health/fitness with their personal physicians and that they assume their own risk in participating.

Certain programs and facility offerings may be continually adjusted to adhere to the University's Policies.

UMKC Campus Recreation promises to keep the health of the UMKC community a priority. Users of the center assume their own risk in participating at Swinney Center.

Facility Rules & Regulations

- Smoking or other use of tobacco products is not permitted.
- To help keep the center clean, and for your safety, glass containers, food, and beverages (other than sports drinks/water in closed container with lid) are not allowed beyond the Welcome Desk. A vending machine is available in the entrance lobby.
- Bicycle racks are provided outside the center; no bicycles are allowed in the building.
- UMKC will not be responsible for items that are lost or stolen. Daily locks are available at the Service Center and rental locks are available through the Membership Office. Locks should be used when storing items in lockers.
- Lost and found items can be claimed or turned in at the Service Center.

- Postings on the bulletin boards in the center must be approved by the Office of Student Involvement, Student Union 320.
- No spitting, except in proper receptacles.
- No pets are allowed in Swinney Center or inside Stanley H. Durwood Soccer Stadium & Recreational Field or outdoor track. As a reminder, only dogs specifically recognized by UMKC are allowed in campus buildings. Certified service animals as defined by the Americans with Disabilities Act are allowed in campus buildings and outdoor playing fields. Approved emotional support animals are restricted to residential housing. Other than in the case of these limited exceptions, pets and emotional support animals are not to be in campus buildings or playing fields.
- You can listen to your own music if you use headphones. Please note, KC Athletics often plays music during practice and games. This is an approved exception to this policy.
- Please report suspicious individuals loitering or wandering through the Swinney Center to the Welcome Desk or Membership Office.
- The use of any photographic device, including but not limited to cameras, phones, and wearable technology, is prohibited in all Swinney Center and Durwood facilities unless authorized by UMKC, Campus Recreation, or KC Athletics.

FITNESS CENTER GUIDELINES

- Athletic footwear required at all times (no sandals or open-toed shoes).

Proper workout attire is recommended.

- Secure all personal items (bags, coats, purses, etc.) in a locker before using Fitness Center.
- Return all equipment to proper place.
- Olympic lifting and dropping weight is prohibited.
- Chalk use is prohibited.
- Clean and wipe down all equipment after use.
- Do not move machines at any time or remove equipment from the Fitness Center.
- No food or drink (other than sports drinks/water in closed container with lid) permitted in the Fitness Center.
- All personal trainers must be hired through UMKC Campus Recreation.
- All patrons must comply with Campus Recreation staff directives.
- The use of any photographic device, including but not limited to: cameras, phones, and wearable technology is prohibited in all Swinney Center and Durwood facilities unless authorized by UMKC, Campus Recreation, or UMKC Athletics
- **During periods of high usage, patrons are expected to share equipment and limit use to 30 minutes.**

AQUATIC CENTER GUIDELINES

- The use of the Aquatic Center is only permitted with supervision of Campus Recreation lifeguards.
- All patrons must comply with Campus Recreation staff directives.
- No diving in shallow water.
- Purposeful hypoventilation is strictly prohibited.
- Secure all personal items (bags, coats, purses, etc.) in a locker before using Aquatic Center.
- No food, glass containers, or drink (other than sports drinks/water in closed container with lid) permitted in the Aquatic Center.
- Running, pushing, shoving, or horseplay is not permitted.
- Diving boards and diving blocks may only be used when permitted.
- Proper diving boards use must be followed at all times.
- Providing outside instruction is not permitted unless contracted through Campus Recreation.
- Follow healthy swimming behaviors & practice good hygiene. Showers are required before entering the pool. Do not swim when ill with diarrhea. Do not swallow pool water. Patrons with skin diseases, infections, or open sores are not permitted to use pool. Nose blowing and spitting in the pool is not allowed.

SAUNA AND STEAM ROOM GUIDELINES

- Anyone with serious health concerns should consult a physician before use(i.e., high blood pressure, heart or respiratory problems, pregnant)
- Patrons with open sores or contagious infections are not permitted.
- Please be clean before entering- showers are available in locker rooms.
- Proper attire must be worn - swimsuit (preferred) or clean shorts (& tops for women.)
- No tennis shoes & no band-aids please.
- Reading material, soaps/lotions/oils are not permitted
- Eucalyptus oil is added to the steam room by staff
- High heat & moisture can be damaging to electronic devices, please keep outside.
- Tampering or pouring water over the sensor/unit will damage the operating system and is strictly forbidden.
- Exercise is prohibited in the sauna/steam room
- Do not block door way and do not lay on the steam room floor.
- Sauna & steam should be used in moderation
- (maximum of 15 minutes a day recommended)
- Inappropriate conduct or failure to comply may jeopardize health & membership
- Campus Recreation staff only are permitted to adjust the temperature or operation of the steam room and sauna.

Cell Phone Policy

- The use of cell phones for the purpose of photos or video recordings is prohibited in Swinney Center.
- Headphones are required if you choose to listen to a personal music device. No external speakers are allowed without prior approval by Campus Recreation.

Dress Code

Campus Recreation Facilities and Durwood Field

- Proper workout attire is always required. A top, shorts or pants, and shoes are required. Refer to recommended dress code for further suggestions.
- Athletic footwear required. Clean, non-marking, close-toed, closed heel shoes are required in activity spaces.

Recommended Dress Code

To help prevent the transmission of viruses and infections and to protect fitness equipment, we highly encourage compliance with our recommended dress code:

- Wear clothing that provides sufficient coverage to avoid direct skin contact with mats, benches, and other equipment to minimize the risk of contamination or infection.
- Shirts covering the entirety of the midsection around the body from the area directly below the pectoral muscles to the waistline.

Aquatic Center

- Wear clean swim attire that is specifically designed for swimming.
- Wearing any non-swim attire such as bras, underwear/boxers, socks, cotton items, or jeans are prohibited in these areas.
- Swim attire must not be transparent.
- No shoes other than water shoes or water socks are permitted in the pools or steam room and sauna.

Standard of Conduct:

- Individuals contracting for membership in the Swinney Center assume an obligation to conduct themselves in a manner compatible with the University's function as an educational institution. This includes threatening or intimidating behaviors such as verbal conduct or conduct which threatens or endangers the health or safety of any person.
- UMKC and the UM System, include sexual orientation and gender identity and expression in its policies against discrimination. Please report any form of discrimination and/or harassment to the [Title IX Office](#).
- Please review the UM System [Standard of Conduct](#) (200.101).

Conduct that may jeopardize an individual's membership in Swinney Center:

- Forgery, alteration, or misuse of membership records or identification, or knowingly furnishing false information to Swinney Center.
- Obstruction or disruption of teaching, University administration, or other University activities, including its public service functions or other authorized activities at Swinney Center.
- Physical abuse that threatens or endangers the health or safety of any person.
- Theft of or damage to property of the University or activity that endangers the health or safety of any person.
- Unauthorized entry to or use of the Swinney Center or Durwood Stadium and Recreational Field.
- Use, possession or distribution of narcotics or dangerous drugs, except as expressly permitted by law.
- Disorderly, lewd, indecent, obscene or other inappropriate conduct or expression.
- Failure to comply with directions of University officials acting in the performance of their duties.

If you observe any behavior outside of these guidelines, please inform a Campus Recreation student or professional staff member.

Campus Recreation reserves the right to revoke or terminate the membership if a member fails to abide by Swinney Center rules or act in accordance with the University Standard of Conduct. Removal of membership is at the discretion of the Director of Campus Recreation. Appeals will be reviewed by the Campus Recreation Advisory Board.

MEMBERSHIP GUIDE

UMKC Student Membership

Fee-Paying Student

- This membership is available for UMKC students currently enrolled in classes who pay the University Student Life Fee.
- Included automatically in the Student Life Fee.
- Students can verify their fee has been paid in Pathway.

Non-Fee Paying Student

- Part-Time or Online students may not be automatically assessed the fee, but **they still qualify for the UMKC Student Membership Rate**. This rate is equal to the amount fee paying students pay via the Student Life Fee. Non-fee paying students can purchase a membership at campusrec.umkc.edu

Additional Student Information:

- UMKC acknowledges that many students use names other than their legal name to identify themselves. Students can use a preferred name by updating the preferred name in [Pathway](#).
- Any student wishing to change their gender identity within the Campus Recreation software system can contact the Director of Campus Recreation at hoffmanshroute@umkc.edu.

UMKC Faculty/Staff Membership

- UMKC faculty and staff have two options when purchasing a membership:
 - **Payroll-deduct** membership allows faculty/staff members the ease of having their membership fee deducted from their paycheck. This membership is ongoing until the faculty/staff member cancels or leaves the University.
 - **Non-payroll deduct** membership allows faculty/staff members to purchase 1 – 12 months of membership upfront. Purchase online at campusrec.umkc.edu or in the Membership Office.
 - \$20/month rate applies to both options.
- Retirees of the University also qualify for this membership after retirement, but must purchase the non-payroll deduct option in-person and provide proof of retirement.

Community Membership

UMKC and Campus Recreation are pleased to have you become part of the University family and a member of this recreation and wellness facility. We encourage you to keep in mind that UMKC Campus Recreation/Swinney Center is the student recreation center, an event space for UMKC, and home to Kansas City Athletics. Facilities may be limited at times due to events and facility closures align with the University holiday schedule and inclement weather closures.

MEMBERSHIP PRICES:

Community Member: \$35/month

Community Member + Parking: \$45/month

Recent UMKC Graduate: \$25/month (one time purchase for up to 1 year of membership).

UMKC Student: Fall/Spring Semesters – Around \$35 / Summer Semester – Around \$17
(Included in student fees for most students. If not included, can purchase online).

UMKC Faculty/Staff: \$20/month or \$10/biweekly paycheck

All members must be 18 years or older and provide a government issued ID with date of birth at point of sale

HOW TO GET A MEMBERSHIP:

Membership Office Contact Information:

- Email: umkccampusrec@umkc.edu
- Phone: 816-235-2712
- Membership Office hours vary. Please refer to the [website](#) for updated hours.

Purchase a membership at campusrec.umkc.edu

- University affiliated individuals will Log In using their University SSO. Once logged in, select Memberships, and proceed with purchase.
- Community Members will need to create an account their first time. Be sure to save your username and password for future purchases.

Membership Cancellations

- Cancellation of a membership will be allowed only under special circumstances.
- There will be no cancellation privileges with student memberships.
- Faculty/Staff members enrolled in Payroll Deduct are responsible for membership cancelation. The membership will be ongoing until the member cancels or leaves the University.
 - For specific information on how to cancel a Payroll Deduct membership please visit our [website](#) and refer to the Faculty/Staff membership option.

Refunds for memberships will only be granted for one of the following reasons:

- Employment from UMKC is terminated. Verification will be made with Human Resources.
 - Valid for only non-payroll deduct faculty/staff members.
- Medical emergencies that inhibit members from utilizing Swinney Center. Written documentation is required from a physician.

Hours & Building Closures

- Seasonal and holiday changes in facility operating hours will occur occasionally.
- Campus Recreation/Swinney Center will be closed on the following holidays along with the University.
 - New Year's Day
 - Martin Luther King Jr. Day
 - Memorial Day
 - Juneteenth
 - Independence Day
 - Labor Day
 - Thanksgiving Day
 - Thanksgiving Day Observed – Friday after Thanksgiving
 - Christmas Day
 - Campus Recreation will be closed on the holiday and the day the University observes the holiday if they differ.
- Campus Recreation/Swinney Center will close or open late on 1 – 2 days per semester for staff training in August and January.
- In the case of inclement weather, Campus Recreation/Swinney Center will close if the University closes or has a delayed start.
- Occasionally, Swinney Center will be partially closed or closed for selected university-sponsored activities, KC Athletics events, Campus Recreation programs, or maintenance. Members can check the facility

schedule on our [website](#). We are unable to post signage for all spaces' availability.

- Physical education classes, intercollegiate athletics, intramural and Campus Recreation activities are held in Swinney Center at various times throughout the day.
- Space availability is always subject to change.
- UMKC Campus Recreation will always update their website and social media with building operation changes and closings.
- The normal hours are as follows:

| Facility Hours: | Aquatic Center Hours: |
|--|---|
| <p>Monday – Thursday:</p> <ul style="list-style-type: none"> • 6:00 a.m. – 10:00 p.m. <p>Friday:</p> <ul style="list-style-type: none"> • 6:00 a.m. – 8:00 p.m. <p>Saturday:</p> <ul style="list-style-type: none"> • 9:00 a.m. – 6:00 p.m. <p>Sunday:</p> <ul style="list-style-type: none"> • 12:00 p.m. – 6:00 p.m. | <p>Monday – Friday:</p> <ul style="list-style-type: none"> • 6:00 a.m. – 8:00 a.m. • 11:30 a.m. – 1:30 a.m. • 4:00 p.m. – 8:00 p.m. <p>Saturday & Sunday:</p> <ul style="list-style-type: none"> • 12:00 p.m. – 5:00 p.m. |

Parking

Parking passes are only sold to our community members and are aligned with the length of membership purchased. We sell parking passes to community members to hang in their car while they park in metered lots around campus.

The best lots to park in for easy access to Swinney Center:

- Cherry Street parking garage, fifth floor
- Atterbury Student Success Center
- KC Rep
- Miller-Nichols Library

Find parking information and how to purchase at [Memberships | Campus Recreation | University of Missouri - Kansas City \(umkc.edu\)](#).

Guest Rules and Regulations

- Guests must be 18 years of age or older and show valid photo identification.
- Check activity area availability before purchasing a guest pass.
- Guest passes are issued for one day only and must be purchased and utilized on the same day. If a guest(s) wants to leave the center for part of the day they will be able to regain admission to the center.
- Daily guest passes are not transferable

FREQUENTLY ASKED QUESTIONS

STUDENT MEMBERSHIP FAQ

- 1. I was a student during the spring semester and I'm already enrolled in the Fall, but I am not enrolled in classes during the summer. Can I purchase a summer membership?**

Yes, you may purchase a summer membership at the same rate as a fee-paying summer student. However, you must already be enrolled for the Fall semester to be eligible.

- 2. I am a new student this coming fall. Can I purchase a summer membership?**

New students can purchase a community membership for the summer prior to their student membership activating.

- 3. I am a currently enrolled student. When does my membership expire for the current semester?**

Student memberships typically expire the Friday before the new semester begins with the exception of the Fall semester. Fall student memberships are active starting 10 days prior to the first day of school.

ALUMNI MEMBERSHIP FAQ

1. I am an alumnus of UMKC. What are my membership options?

UMKC Campus Recreation offers Recent Graduate memberships for those who graduated from the university within the past 12 months. Log In to [UMKC Recreation](#) using your SSO to purchase this membership. You can only purchase one time at this rate, after which you will qualify for a Community Membership.

2. I just graduated from UMKC. Am I still a member of UMKC Campus Recreation?

No, but you can purchase the UMKC Recent Graduate membership mentioned above.

MISC. MEMBERSHIPS FAQ

1. What does my membership include?

Membership includes access to Swinney Center and other recreation facilities (fitness center, multipurpose courts, indoor track, racquetball/squash courts, group fitness studios, pool, sauna, steam room, recreational field, outdoor track), equipment checkout, and towel service.

2. Is there a membership just for the pool?

No, our memberships include all facilities. Many patrons only use recreation facilities for a specific fitness area and/or type of equipment or activity, such as patrons who come to only play basketball, or use the fitness center. There is no practical way to give partial recreation access.

3. I am attending a conference on the UMKC Campus. Can I use Swinney Center?

You may use Swinney Center by purchasing a day pass for \$10/day or a Community Membership for 1 month for \$35. Create an account and purchase a membership or day pass at [UMKC Recreation](#).

4. How do I know if I can become a member to use recreation facilities?

A recreation membership is available to students, faculty, staff, and community members (18 years old or older). No affiliation to the University is required for community memberships.

5. What if I cannot make it into the Campus Recreation Membership Office during normal hours of operation to purchase a membership?

Although the Membership Office has hours of operation, a Building Supervisor can assist with membership sales any time the facility is open. Memberships can also be purchased online at <https://campusrec.umkc.edu/>

The Membership Office can also be reached via email at umkccampusrec@umkc.edu or via phone at 816-235-2712.

6. Does UMKC Campus Recreation offer any family memberships?

We no longer offer household memberships. However, all family members over the age of 18 are welcome to join as a Community Member at the \$35/month rate.

FACILITY FAQ

1. Are the facilities handicapped accessible?

Swinney Center is in the process of becoming fully accessible. At the moment, it is not yet effectively so. We have an elevator in the west side of the building next to the fitness center that is available for use.

2. When is it most crowded?

Peak crowds at Swinney Center are between 4:00-8:00pm weekdays. Mornings 6:00-10:00am are least crowded. Weekends are less crowded than weekdays.

3. What equipment is available for checkout?

Equipment is available at the Service Center in Swinney Center (level 1 one the way to the Aquatic Center) and includes basketballs, volleyballs, badminton & tennis racquets, soccer balls and footballs. Member ID card is required to checkout any equipment.

4. What about towels at Swinney Center?

As available, workout and shower towels are available at Service Center and should be returned to the Service Center desk. Members are encouraged to bring a personal workout towel, as sometimes workout towels are being laundered and/or are all in use. Member ID card is required to checkout a towel.

5. What does UMKC Campus Recreation and the Swinney Center have to offer?

UMKC Campus Recreation offers comprehensive fitness, wellness and recreation opportunities. In addition to the large array of cardio, free weights and select equipment, Swinney Center has activity rooms for group fitness classes

and instructional programs, an elevated jogging track that overlooks the wood court gymnasium, wellness center, equipment checkout and towel services.

6. Are lockers available at the Swinney Center?

Yes, day lockers are available for members. Remember that day lockers are for temporary use (no overnight storage). No personal locks are allowed. Monthly lockers can be rented for \$10, which is the only time overnight storage is permitted. These can be rented by visiting the Membership Office.

7. Where can I lock my bicycle?

Bicycle racks are provided outside Swinney Center. Several racks are located on the front side of the Student Union on Cherry Street and outside the main entrance at the Atterbury Students Success Center which is adjacent to Swinney Center. Bicycles are not permitted inside the Swinney Center. Bicycles found at inappropriate areas will be removed and placed at a bike rack.

8. What group fitness classes are available?

Many classes are offered in the fitness studios. To view the current Group Fitness schedule visit our [website](#). To register for classes visit <https://campusrec.umkc.edu>

9. How much do Group Fitness Classes cost?

UMKC Students: FREE

Faculty/Staff/Community Members: \$5 per class or unlimited classes with our

FITNESS PASS: \$15 per month / \$40 per semester