HOW TO SIGN UP FOR PERSONAL TRAINING
ON THE WEBSITE ONLY

1. CREATE AN ACCOUNT ON IMLeagues.com 1ST
   - You will not be able to solidify your appointment unless you have an account.
   - Click the “Fitness” button
   - Click “Personal Training”
   - Here you will see a calendar of all trainer availability
   - If you have a certain trainer in mind you can filter the search by clicking the blue “All Trainers” drop-down menu on the top left of the calendar and select the trainer you’d like
   - To sign up, select the date and time that your trainer is available

2. Log back in to IMLeagues once you receive an email from your trainer
   - Click the “Fitness” button
   - Click “Personal Training”
   - Click “My Sessions” in top left area of calendar

3. On the “My Sessions” page you will see all approved and rejected sessions as well as session history
   - Click on “Session Approved”
   - Click on the blue “View” box next to the date and time you’d like to pay for
   - Click the green “Pay Now” button
   - If you have previously purchased a package of 2+ session you will click the green “Use to Pay” box
   - Enter in payment info
   - Click blue “Pay Now” button

Email umkcswinney@umkc.edu with any questions on how to sign up.