

## UMKC COUNSELING SERVICES – SCOPE OF SERVICES AND SERVICE LIMITATIONS

*UMKC Counseling Services provides a range of psychological services to eligible students, staff and faculty. We are committed to providing treatment in the most ethical and professional manner, ensuring we remain within our scope of psychological expertise.*

**We only provide services to currently enrolled students or faculty/staff affiliated with UMKC. Beginning summer 2018 and moving forward, students will need to be enrolled in summer classes to receive services during summer semesters.**

**UMKC Counseling Services may refuse or limit treatment, including Assessment Services, due to the following:**

- Individuals who demonstrate a serious lack of motivation or engagement in treatment, as evidenced by poor attendance to appointments, lack of follow-through on recommendations or who are unwilling to address the disorder in question
- Individuals who are already receiving counseling services from another provider and do not end that treatment
- Individuals who are seeking counseling as a requirement of a class and who are not otherwise motivated for or are in need of treatment
- Individuals who need more intensive or extensive treatment than can be provided at Counseling Services (e.g. multiple weekly appointments, uninterrupted long-term care, and/or frequent between session supports).
- Individuals with a history of longstanding, seriously maladaptive interpersonal behaviors that result in severe relationship problems which hinder effective work in session
- Individuals with a *recent history* of numerous suicide attempts, severe self-injury or multiple psychiatric hospitalizations
- Individuals with significant or chronic disordered eating symptoms which require intensive outpatient or residential treatment and whose symptoms pose medical danger
- Individuals with significant or chronic substance use which requires intensive outpatient or residential treatment, detox, or hospitalization or whose symptoms pose medical danger
- Individuals whose needs fall outside the clinical expertise of the Counseling Services staff
- Individuals with active psychotic symptoms at risk for progressive deterioration of functioning and in need of intensive treatment for stabilization
- Individuals who engage in inappropriate, harassing, menacing, threatening or violent behaviors toward Counseling Services staff or visitors of the Counseling Services Office
- Individuals who are only seeking documentation for SAP Appeals and/or withdrawing from classes who do not already have an established relationship with the Counseling Services Office
- We do not provide any services or documentation for overall legal concerns (except if records are requested) which can include but are not limited to the following:
  - Court Mandated Treatment
  - Emotional Support or Service Animals
  - Child Custody/Parenting/Adoption
  - Excuse or Clearance for Employment
  - Disability Claims (e.g. Social Security, Short Term Disability)
  - Employment and/or Military Fitness
- We do not and cannot legally provide any type of on-line and/or tele-therapy in any form. We only provide services at the Volker and Health Sciences campuses.

*If Counseling Services cannot provide treatment, appropriate community referrals will be made.*